

AAROHAN

MARCH 2025

VOLUME-XIX | ISSUE-I



January

JANUARY HIGHLIGHTS

A spirited month of youth celebrations, giving back, fresh starts, patriotic pride, sharp debates, and industrial exploration.

FEBRUARY HIGHLIGHTS

A vibrant month of clinic visits, expert talks, MSE mastery, kite flying, global fairs, cancer awareness, debates, open mics, heritage tours, cultural fests, creative writing, field visits, and 'Chai Pe Charcha'.



February

MARCH HIGHLIGHTS



MARCH

A power-packed month with pharma field visits, National Pharmacy Education Day, Women's Day celebrations, forensic deep-dives, HR insights, hackathon hustle, rangoli art, Sphurti sports fest, and research milestones.

Meet OUR TEAM



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January

YOUTH FESTIVAL



On January 8, 2025, the NSS Council and NYKS (Nehru Yuva Kendra Sangathan) jointly organized a vibrant Youth Festival in honor of the 162nd birth anniversary of Swami Vivekananda Ji. The three-day festival was a celebration of youth, creativity, and empowerment, with each day packed with fun-filled activities held across the university campus.

DAY 1-2

Day 1 kicked off with an overwhelming wave of youthful energy across the campus. The festival was inaugurated with the traditional lamp lighting ceremony at 4:00 pm in the Chanakya Lawn, symbolizing the beginning of the celebration. Students participated in a variety of events such as a sack race, a poster-making competition, Pictionary, and a spirited arm-wrestling competition. The day was filled with creativity, laughter, and excitement, with participants showcasing their skills and engaging in friendly competition.

Day 2 saw the festival reach new heights of excitement. The atmosphere buzzed as students dived into activities like a thrilling treasure hunt, a debate competition, and an engaging quiz competition. The participants demonstrated teamwork, problem-solving skills, and critical thinking as they worked together to solve clues and engage in intellectual discussions. The competitive spirit soared as individuals tested their knowledge and wits.

DAY 3

The final day featured a Tug of War, a Parliamentary session, and the grand closing ceremony. The ceremony, which honored Swami Vivekananda Ji, was marked by insightful talks from Guru Ji from the Ramakrishna Ashram and 9 social entrepreneurs from Uttarakhand, inspiring students to embrace youth empowerment and social responsibility.

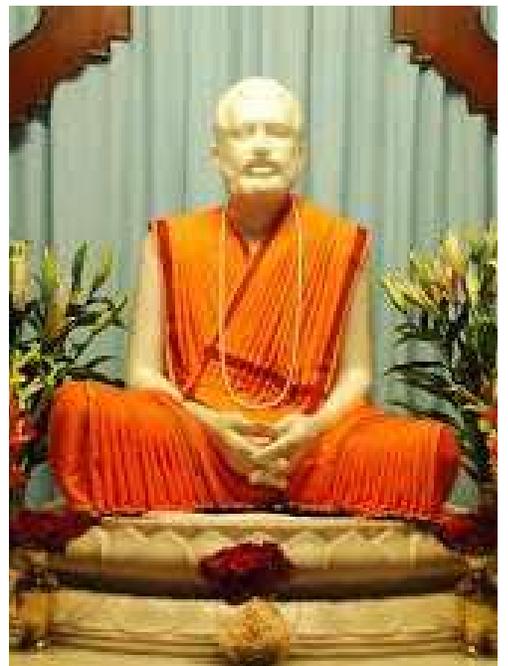
The festival concluded with a celebration of teamwork, unity, and intellect, leaving participants inspired and motivated.

Visit to Rama Krishna Mission Ashram

On January 12, 2025, in celebration of Swami Vivekananda's 162nd birth anniversary, the NSS Council of DIT University visited the Rama Krishna Mission Ashram in Dehradun. The students paid tribute to the great Swami Vivekananda, whose teachings continue to inspire and shape the youth, reminding us of the importance of living a life of purpose and service.

Swami Vivekananda, a true spiritual guide and philosopher, believed that true service comes from selflessness. He encouraged individuals to serve others without expecting anything in return. Ankush Jha, a student speaker from the university, shared valuable insights from Vivekananda's life, emphasizing the importance of living with purpose.

The visit to the Ashram was not just a tribute, but a call to action, encouraging students to examine their own lives and find meaning in service to others. It was a profound reminder of Swami Vivekananda's timeless teachings, urging each student to live intentionally, help others selflessly, and strive towards meaningful goals.





DONATION DRIVE



From January 15 to 24, 2025, DIT University's campus radiated compassion as students came together for a Donation Drive organized by GPF. Essentials like clothes, books, and stationery were collected at key points across campus, driven by the collective desire to support those in need.



The campaign culminated on January 24 at the Nursing College near Mayfair Highlands, where volunteers distributed donations with warmth and smiles.

More than just a charitable event, the drive was a heartfelt celebration of unity, generosity, and the spirit of giving that defines the DIT community.

FACULTY INDUCTION PROGRAM

DAY 1

The Faculty Induction Program, organized by the Teaching and Learning Centre (TLC), began on **16th January 2025 at DIT University** with active participation from newly joined faculty. Dr. Bhavna, TLC Faculty In-Charge, opened the event with a welcome address and Deep Prajvalan ceremony, followed by the inaugural speech from Hon'ble Vice Chancellor Prof. G. Raghurama. He emphasized the uniqueness of every student, the teacher's role in guiding them, and the importance of lifelong learning. He also highlighted the shift from traditional to modern teaching methods and the FIP's role in familiarizing faculty with institutional procedures and ethics. The session concluded with a vote of thanks by Dr. Bhavna, who then invited Prof. Hemraj Saini to present the program's preamble.



Prof. Hemraj Saini opened with an address on the goals and structure of the Faculty Induction Program, highlighting its role in helping new faculty adapt to DIT University's academic and administrative systems while promoting professional and ethical standards. He also outlined key sessions on policies, teaching, and research.

Dr. Samuel Ernest, Registrar & Director-Administration, followed with an overview of the university's administrative setup. He introduced his team—Dr. Nisha Rani and Anuj Singh Thakur—and explained the university's constitution, ordinances, and governance, emphasizing the need for faculty to understand institutional regulations and responsibilities.



Dr. Ernest highlighted the importance of adhering to institutional policies while explaining the university's hierarchy and operational structure. This was followed by a session on DIT University's HR policies, led by Mr. Vaibhav Mehta and Ms. Shailja Sunwar, covering attendance, leave management, and other administrative procedures. The session concluded with an interactive Q&A, addressing faculty queries.



Dr. Bhavna delivered the Vote of Thanks at the end of the first day to acknowledge the presenters' and participants' enthusiastic participation. The first day of the Faculty Induction Program effectively laid the groundwork for encouraging academic success and teamwork at DIT University.

DAY 2

The second day of the Faculty Induction Program at DIT University began with a welcome from Dr. Bhavna, Faculty In-Charge, TLC, followed by a session from Prof. Prakash Tiwari, Dean, Accreditation and Contemporisation. Prof. Tiwari introduced the university's in-house ERP system, iNext, launched in 2024 to replace SAP and Academia for improved cost-efficiency and resource management. He highlighted iNext's features—such as the management dashboard, student activity logs, and performance tracking—and demonstrated how the platform enhances academic and administrative productivity.



Dr. Bhavna thanked Prof. Tiwari and invited Prof. Debashish Chowdhury, Dean, RNC, who introduced his team and spoke about faculty responsibilities in teaching, research, and administration. He stressed the importance of quality research, ethical standards, and guidance on PhD regulations, RAC, funding, and consultancy projects.

Next, Dr. Rakesh Pandey, IQAC Coordinator, discussed outcome-based education (OBE), the mentor-mentee policy, and explained PEOs, PSOs, POs, and COs. He also shared the university's vision and mission, and demonstrated the CO achievement template, highlighting OBE's role in ensuring academic excellence.

Prof. Y.K. Tyagi, CoE, conducted a session on examination and assessment methods, outlining quizzes, assignments, tests, and exams. He detailed faculty SOPs on paper setting, invigilation, evaluation, grading, result publication, and grievance handling, emphasizing ERP-based grade entry and guideline adherence.

Dr. Praveen Kumar, Associate Head, CIIES, highlighted DIT University's entrepreneurship journey (2016–2025), covering the TBI process, IIC, and innovation club, along with start-up success stories and faculty start-up support.

Dr. Samir Bhargava, Head of IPR, discussed the role of intellectual property in academia using case studies and explained the IPR office's functions and policies. The day concluded with Mr. Sameer Singh Negi showcasing library resources, Turnitin, and digital tools.



Dr. Bhavna delivered the Vote of Thanks, expressing gratitude to all the speakers and participants for their contributions. The second day of the program provided valuable insights into ERP, research, OBE, examination policies, entrepreneurship, and intellectual property, equipping the faculty with essential knowledge for their academic and administrative roles.

DAY 3

The third and final day of the Faculty Induction Program at **DIT University on 18th January** commenced with a warm welcome by Dr. Bhavna, Faculty in Charge of TLC. She invited Dr. Ravi Shukla, Head, Department of Physics, to deliver a session and guide the participants through the Centre of Excellence Visit. Dr. Ravi commenced the session with an overview of the six Centres of Excellence (COEs) established at DIT University, each managed by a dedicated department. He outlined the purpose and contributions of each centre, emphasizing their roles in fostering research, enabling collaborations, and driving innovations across various disciplines.



Mr. Abhay Kumar presented automation breakthroughs at the Industrial Automation and Robotics Centre, while Dr. Vishakha Kaushik and Dr. Praveen Kumar discussed research in nanomaterials at the Materials and Nano Engineering Centre. The visit concluded with faculty members expressing appreciation for the advanced facilities and gaining valuable insights into collaborative research opportunities.



The COEs highlighted included:

- Centre of Excellence–Internet of Things (IoT)
- Centre of Excellence in AI and Robotics (CAIR)
- Centre of Excellence–Industrial Automation and Robotics
- Centre of Excellence–Materials and Nano Engineering Research
- Centre of Excellence–LAND, AIR & WATER (Environmental Sustainability)
- Centre of Excellence–Advanced Functional Smart Materials Lab

Dr. Ravi announced the launch of a new Centre dedicated to Drone Technology, with a focus on research, development, and real-world applications. Following this, faculty members were taken on an insightful tour of various Centres of Excellence, where they witnessed detailed demonstrations of ongoing projects. The Centre of Excellence–LAND, AIR & WATER (Environmental Sustainability), presented by Dr. Tarumay Ghoshal and Dr. Jabrinder Singh, highlighted innovative approaches to managing natural resources.



At the CAIR (Centre of Excellence in Artificial Intelligence and Robotics), Dr. Srabanti Maji and Dr. Kriti showcased advancements in machine learning, robotics, and intelligent systems. Dr. Divya Lohani introduced the IoT and newly established Drone Technology centres, emphasizing their practical applications in smart systems. Dr. Ravi Shukla led the demonstration at the Advanced Functional Smart Materials Lab, revealing innovations in healthcare, energy, and technology.

The Faculty Induction Program ended with a Vote of Thanks delivered by Dr. Bhavna, Faculty In-charge, TLC. She thanked the resource persons and participants, emphasized the importance of collaboration and institutional support, and encouraged faculty to engage with the Centres of Excellence in line with DIT University's vision.

Guest Lecture: Current Challenges and Opportunities in Pharmacy



Overview

The Society of Pharmacy Professionals for Health Initiatives (SoPPHI) successfully organized a guest lecture by the esteemed Dr. Mahesh Burande on 16th January 2025. The topic of the lecture, “Current Challenges and Opportunities in Pharma Profession,” shed light on the evolving landscape of the pharmaceutical industry.

Insights from Dr. Burande

Dr. Burande, a renowned figure in the field, shared valuable insights into the dynamic challenges faced by professionals today, such as regulatory changes, technological advancements, and global health crises. He also highlighted emerging opportunities in research, entrepreneurship, and digital health.



The event concluded on a thought-provoking note, equipping students and professionals alike with fresh perspectives to navigate the rapidly changing world of pharmacy.

COLLECTION DRIVE



From January 20 to 27, 2025, the NSS Council, in collaboration with Goonj, led a successful Collection Drive to support underprivileged communities. Students wholeheartedly donated their gently used clothes, shoes, books, blankets, and other essentials, turning a simple initiative into a powerful act of compassion.

The drive saw enthusiastic participation, with students viewing it as both a chance to declutter and contribute to a meaningful cause. Many went beyond expectations by donating educational materials, showing their awareness of the importance of literacy and access.

This initiative not only helped those in need but also inspired students to recognize the importance of sharing and supporting each other. By joining hands for a common cause, the university community proved the power of collective action and kindness.

This initiative was more than just about giving—it fostered empathy, unity, and a shared sense of social responsibility across campus and beyond. It served as a reminder that small acts of kindness, when combined, have the power to create lasting impact.



DESH PREM MAHOTSAV

A Grand Opening Ceremony



The Desh Prem Mahotsav Opening Ceremony on 24th January 2025 showcased patriotism through poetry, performances, and a lively jamming session by Clickrrati Litterrati.

A poetry recital evoked national pride, a quiz engaged attendees with India's rich heritage, and a theatrical performance highlighted unity and progress. The highlight of the evening was a dynamic jamming session, where the society's talented singers filled the hall with rhythm, energy, and pride.

The ceremony was a powerful tribute to creativity, cultural pride, and unity, showcasing the spirit of Clickrrati Litterrati and its commitment to igniting young minds.



The Desh Prem Mahotsav was launched with energy and enthusiasm by Clickrrati Litterrati – The Literary Society, setting a vibrant tone for the event. The evening began with a ceremonial lamp-lighting by Dr. Sakshi Semwal, followed by a series of performances celebrating patriotism and culture.



Industrial Visit to IDT ONGC



Overview

The Department of Petroleum & Energy Studies, SoET, in collaboration with the Department of Mechanical Engineering, organized an Industrial Visit to the Institute of Drilling Technology (IDT), ONGC, Dehradun on 28.01.2025. The visit was coordinated by Dr. Gopal Kumar, Dr. Shilpi Saxena, and Dr. Vipin Kumar (Mechanical Department).

Visit to Drilling Fluids and Mud Lab

Mr. Kashish Madan (Chemist) introduced students to various drilling fluids and equipment like the Marsh funnel, mud balance, and lubricity tester. The session highlighted how maintaining properties like viscosity and density is critical for wellbore stability and efficient cuttings removal.

Exploring the Cement and Slurry Lab

Mr. Arjun Bhatt (Technical Assistant) explained key cementing parameters such as specific gravity, thickening time, and compressive strength. Demonstrations of equipment like the Ultrasonic Cement Analyzer and Fann Wettability Tester showed how proper slurry formulation ensures wellbore sealing and prevents gas migration.

IDT ONGC, Dehradun, Makka Wala, Uttarakhand 248195,

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Understanding the Drilling Rig Systems

Led by Mr. Gaurav Pal (S.E.A), this session demonstrated the working of major rig systems—Hoisting, Power Generation, Mud Circulation, and Well Control. Students gained insights into how these components ensure safe and efficient drilling.

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DIT University, Bhagwant Pur Dehradun Uttarakhand

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LAUGHTER AND CREATIVITY UNITE

ON 30TH JANUARY 2025, CLICKERRATI LITERRATI (LC) BROUGHT A WAVE OF LAUGHTER TO THE DIT UNIVERSITY CAMPUS WITH DIT COMICSTAAN, AN EVENT INSPIRED BY THE POPULAR SERIES ON AMAZON PRIME VIDEO. THE EVENING, AIMED AT PROMOTING THE CLUB'S ACTIVITIES AND ENTERTAINING THE UNIVERSITY COMMUNITY, WAS FILLED WITH CLEVER HUMOR AND CREATIVITY.

HOSTED AT CHANAKYA LAWN, THE EVENT KICKED OFF WITH THREE LIVELY ANCHORS INTRODUCING THE EVENING'S RULES, FOLLOWED BY TWO TALENTED STUDENT COMEDIANS DELIVERING ORIGINAL SETS THAT HAD THE AUDIENCE ROARING WITH LAUGHTER. THE FUN ESCALATED WITH AN INTERACTIVE GAME OF "RED LIGHT, GREEN LIGHT", INSPIRED BY SQUID GAME WHICH ENERGIZED THE CROWD EVEN FURTHER.

METICULOUSLY PREPARED PERFORMANCES AND ENGAGING GAMES MADE DIT COMICSTAAN A SUCCESS, CREATING A VIBRANT ATMOSPHERE WHERE STUDENTS CAME TOGETHER TO SHARE IN THE JOY OF LAUGHTER AND CAMARADERIE.



READY FOR THE BOARDROOM

GROUP DISCUSSION AND PERSONAL INTERVIEW



Expert speakers:

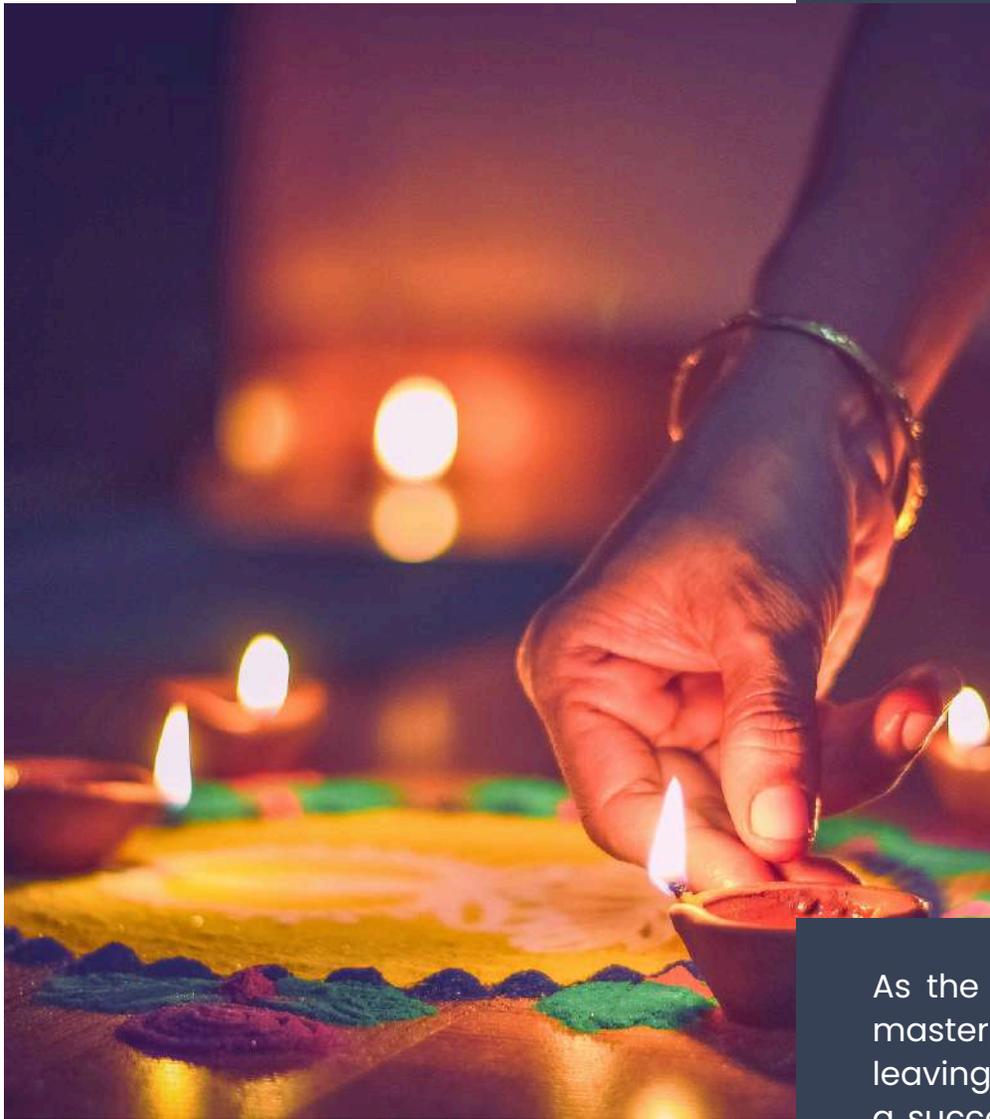
- 1 Col. Raman Arora
- 2 Col. Anupam Sudan Merlin
- 3 Assistant Commandant Shashi Shekhar
- 4 Col. S Pandey
- 5 Mrs. Shweta Rajora
- 6 Ex inspector income tax Mr. Saurabh Kumar

On 29th January, OPTA hosted an intensive GD/PI Workshop aimed at equipping students for recruitment challenges. Retired senior officers and industry veterans ran simulated Group Discussions and Personal Interviews, providing instant feedback that sharpened articulation, composure, and analytical thinking. The hands-on sessions underscored discipline, leadership, and polished corporate etiquette—attributes indispensable for placements and sustained career growth. Guiding the cohort were Col Raman Arora, Col Anupam Sudan Merlin, Assistant Commandant Shashi Shekhar, Col S Pandey, soft-skills mentor Mrs Shweta Rajora, and former Income-Tax Inspector Mr. Saurabh Kumar. Their collective wisdom transformed theory into practice, leaving participants more confident and strategically prepared for the professional arena.



CELEBRATING CREATIVITY AND PATRIOTISM

A canvas of creativity and patriotism, where Rangolis spoke of India's freedom and spirit.



On 31st January 2025, a Rangoli Competition at the Vastu Ground Floor sparked a colorful celebration of creativity, with 14 students participating in this artistic challenge. The theme, Indian Freedom, inspired three teams to craft vibrant Rangoli designs that reflected both tradition and patriotism.

The event kicked off with a warm welcome and an introduction to the competition rules. Participants were encouraged to bring their own colors, while the committee provided additional supplies. With one hour on the clock, the students immersed themselves in their art, focusing on creating intricate designs while maintaining a quiet and respectful atmosphere.

As the event concluded, the Rangoli masterpieces were photographed, leaving behind beautiful memories of a successful, artistic celebration. The competition was a true testament to the students' creativity and love for their country.

E-Summit '25- Hi-res'25

INDUSTRIAL VISIT TO IIT ROORKEE

DAY-1

AT A GLANCE

On 31st January 2025, 52 students from DIT University visited IIT Roorkee for E-Summit 25 - Hi-res 25, a prestigious event promoting entrepreneurship and innovation. Guided by Mr. Abdul Kalam and Ms. Rithika S., the visit offered valuable exposure to branding, business strategy, and creative thinking.



OPENING SESSION & KEYNOTES

The summit began with an energizing inaugural session focused on academia-industry collaboration. Students attended inspiring keynote talks and engaging workshops led by the leading professionals in business and design.

FIRESIDE CHAT WITH AMAN GUPTA

A key highlight was a Fireside Chat with Mr. Aman Gupta, Co-founder and CMO of boAt. He candidly shared his entrepreneurial journey, branding insights, and the challenges of building a consumer brand—leaving a strong impression on the students.

WORKSHOPS ON DESIGN AND INNOVATION

Mr. Sudeep Chaudhuri discussed how contradictions in design thinking can drive innovation. A hands-on workshop by Mr. Anshul Gupta from LottieFiles introduced students to motion design using the Lottie platform, underlining the growing role of animation in digital experiences.

Takeaways

Day 1 offered an intellectually rich experience, blending thought leadership with hands-on learning. Students returned with fresh insights on branding, user engagement, and innovation—aligning with DIT University's goal of shaping future-ready professionals.



DAY-2

CREATIVITY MEETS COGNITIVE INSIGHT!

On 1st February 2025, the second day of the Industrial Visit to IIT Roorkee offered another round of enriching experiences for 52 DIT University students. As part of E-Summit 25 - Hires 25, students explored the multidisciplinary nature of innovation through sessions led by experts in design, psychology, and user experience.

PRATEEK SETHI ON CREATIVE DESIGN

Mr. Prateek Sethi—renowned designer, filmmaker, and creative consultant—opened the day with a compelling keynote on design as a playful, curious, and iterative process. He urged students to view design as a tool for storytelling and boundary-pushing innovation, inspiring them to embrace experimentation and imagination.



UX AND PSYCHOLOGY WITH DEEPTI GUPTA

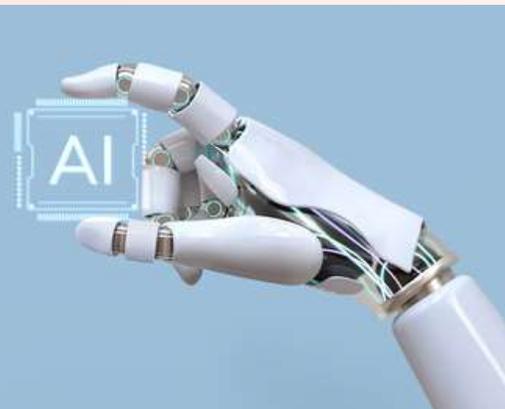
In a session titled “The Genesis of Engagement”, Mrs. Deepti Gupta, UX Lead at Accenture, explored how cognitive psychology influences user interaction. She highlighted how principles like perception, memory, and emotion shape digital experiences—equipping students with new tools for human-centered design.

IDEASTORM: TACKLING REAL-WORLD CHALLENGES!

The day concluded with Ideastorm, a design thinking challenge where 3rd-year B.Des students addressed real-world problems through UX and sustainable design. Their innovative presentations impressed industry experts, showcasing strong teamwork, creativity, and practical application of design principles.

Takeaways

Day 2 highlighted the power of interdisciplinary learning—where design, psychology, and innovation intersect to create impactful solutions. With exposure to industry leaders and practical experiences, students left inspired and equipped to drive meaningful change.



DAY-3

FINAL DAY AT E-SUMMIT'25

The final day served as a powerful and inspiring conclusion to a three-day journey of creativity, innovation, and entrepreneurial learning. Focused on cross-disciplinary collaboration and real-world exposure, the day offered a rich mix of keynotes, panel discussions, workshops, and networking opportunities.

HIGHLIGHTS

The day began with an insightful session by Mr. Sameer Chavan, who spoke on "Crafting Customer Journeys and Driving Business Impact." He highlighted the crucial role of user experience (UX) in shaping brand identity and business growth. This was followed by a moving and motivational talk from Mr. Aaquib Wani, who shared his journey from early setbacks to being featured on the Forbes list—encouraging students to embrace resilience and take creative risks.

PANEL DISCUSSION: FROM SILOS TO SYNERGY

A thought-provoking session with Mrs. Deepti Gupta and Mr. Sunetra Majumdar emphasized the value of interdisciplinary thinking. They urged students to move beyond subject silos and adopt cross-functional collaboration to tackle complex challenges.



WORKSHOP: THINKING IN DESIGN

The Zomato Design Team led an engaging and hands-on "Thinking in Design" workshop. Students explored cutting-edge design methods through practical activities, gaining fresh insights into creative problem-solving.

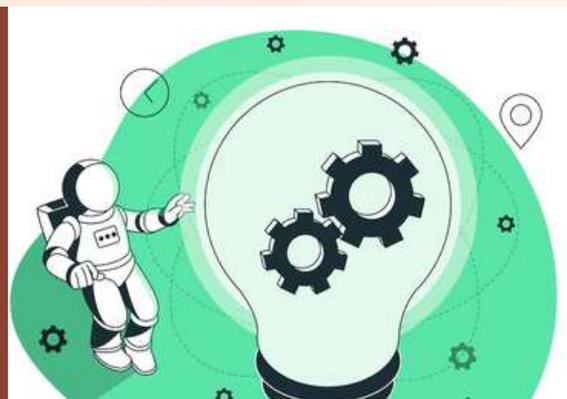
CELEBRATING DIT ACHEIVEMENTS

The day concluded with recognition of DIT University students' exceptional performances:

- M.Des students secured First Place
- B.Des (3rd Year) students earned the Runner-Up position
- B.Des (2nd Year) students won Second Place in the Zenigma Competition, praised for their creativity, strategic thinking, and problem-solving abilities.

Takeaways

Day 3 of the industrial visit was a celebration of learning, collaboration, and achievement. It combined design excellence, mentorship, and real industry exposure, leaving a lasting impact on students. The event was smoothly coordinated by Mr. Abdul Kalam and Ms. Rithika S., ensuring an enriching experience for all.



The background features a light beige textured paper. It is decorated with watercolor washes in shades of blue and brown. In the top left, there are dark blue oval shapes scattered on a light blue wash. In the top right, a dark blue botanical branch with small leaves hangs down. In the bottom left, another dark blue botanical branch is visible. In the bottom right, there are dark blue oval shapes scattered on a light blue wash. A thin horizontal line with leaf-like flourishes at both ends is positioned below the main text.

February

FROM CAMPUS TO CLINICS

DIT University's Humanities and Liberal Arts Department organized a field visit to HIMSR, Dehradun, offering Clinical Psychology students real-world insights into psychology's role in clinical settings.

DAY 1

The visit began with an introduction to the Department of Nuclear Imaging and Therapy at the Himalayan Institute of Medical Sciences, the first of its kind in Uttarakhand. Students learned about brain scan procedures and explored the PET/CT, SPECT Imaging, Therapy Lab, Console Room, Radio Pharmacy, and Radiation Lab, gaining insights into imaging and radiation-based cancer treatment.

They then visited the Swami Rama exhibition gallery, learning about his contributions to mental health through his writings and philosophy. At the Rural Development Centre, students were briefed on community-based projects, including adolescent and disability counselling programs. After a short break, students explored the Neurosurgery and Clinical Psychology department, where they learned about psychometric assessments and the integration of Psychology with other medical fields. A discussion led by Dr. Malini Srivastava emphasized the application of theory in clinical practice, emotional resilience, and career growth.

The visit concluded with a Q&A and student feedback session, highlighting their enthusiasm and reflections on contributing to the field of Psychology.





CAREER OPPORTUNITIES IN THE PHARMACEUTICAL INDUSTRY

On February 3, Dr. Suhaib Khan, R&D Head at Indian Glycols Limited, delivered an insightful lecture on “Career Opportunities in the Pharmaceutical Industry.” The session provided students with valuable guidance on various roles and emerging trends within the pharmaceutical sector.

Dr. Khan shared his extensive industry experience, emphasizing the skills and qualifications required to thrive in this dynamic field. The lecture was both informative and inspiring, offering students a clear roadmap for pursuing a successful career in pharmaceuticals.



Microsoft Word

MS Word Training: Academic & Research Writing

Overview

The Department of Petroleum & Energy Studies, SoET, organized a training session on (Academic Report and Research Writing Using MS Word) on February 3 for Petroleum Engineering students. Mr. Abhishek Kumar served as the coordinator for the training.

Objective

The session aimed to enhance students' technical writing abilities, focusing on academic reports, project documentation, and research manuscripts. It emphasized formatting, referencing styles, and structured content creation using MS Word.

Vote of Thanks

Sincere thanks to Dr. Rakesh K. Pandey, Head of the Department of Petroleum Engineering and Energy Studies, DIT University, for facilitating the session. Special appreciation to Dr. Gopal Kumar and Dr. Shilpi Saxena for their invaluable support.

Key Areas Covered

Students received hands-on training in:

- Cover page and capstone project formatting
- Automatic generation of the table of contents, lists of tables, figures, and equations
- Proper spacing, alignment, and indentation
- Referencing and citation using tools like Mendeley
- Table and figure captions, labeling, and chapter structuring

Students gained practical experience with MS Word's automated tools, improving document accuracy and efficiency. The session enhanced their understanding of academic writing standards and allowed real-time application and doubt clearance.



MASTERING THE MSE

The Department of Humanities and Liberal Arts organized a Guest Lecture titled “Conducting a Mental Status Examination (MSE) Through Structured Questions: A Practical Guide for Psychologists” on February 3, 2025. Delivered by Dr. Pratibha Sharma, Director of Doon Psychotherapeutic Center, Dehradun, the session offered insights drawn from her 25 years of experience in psychology. Dr. Sharma explained the fundamentals, key components, and importance of MSE, highlighting how verbal and non-verbal cues aid in assessing a client's mental state. The session included an engaging Q&A, where students asked practical questions and received real-world insights. Over 80 psychology students from BA and MA programs participated enthusiastically. The department looks forward to hosting more such enriching sessions in the future.





A Colorful Basant Panchami Celebration

To mark the vibrant festival of Basant Panchami, the NSS Council and NCC Battalions of DIT University organized a lively Kite Flying Competition on February 3, 2025, at Chanakya Lawn. Dressed in traditional yellow, students and faculty filled the sky with colorful kites, celebrating the arrival of spring and paying tribute to Goddess Saraswati, the deity of wisdom and art.

The atmosphere buzzed with friendly competition, unity, and festive spirit as participants competed to soar the highest. Beyond the contest, the event became a joyful gathering of diverse communities, making it a memorable celebration of culture, tradition, and togetherness.





Global Horizons

On **February 4th, 2025**, DIT University, through its Career Development & Services Center (CDC), hosted the Global University Mega Fair 2025, reaffirming its commitment to global academic excellence. Held at the vibrant Vedanta Lounge, the event welcomed delegates from over 30 prestigious international universities spanning the US, UK, Ireland, Germany, France, Australia, and the UAE.

Students engaged in one-on-one sessions with university representatives, exploring diverse programs across science, business, law, healthcare, liberal arts, and technology. The fair also featured workshops and seminars on navigating global applications, mastering English proficiency tests, and preparing for life abroad, with IELTS and Maestro Travel Ventur offering key support. Students engaged in one-on-one sessions with university representatives, exploring diverse programs across science, business, law, healthcare, liberal arts, and technology. The fair also featured workshops and seminars on navigating global applications, mastering English proficiency tests, and preparing for life abroad, with IELTS and Maestro Travel Venture Pvt. Ltd. offering key support.

Beyond brochures and booths, the event fostered meaningful conversations, broadening student horizons and igniting new aspirations. The Global University Mega Fair 2025 stands as a powerful testament to DIT University's vision of shaping globally competitive graduates and building bridges to international success.



WORLD CANCER DAY

SATURDAY, 5 FEBRUARY 2025



A day of Awareness and Art

On 5th February 2025, DIT College of Nursing marked World Cancer Day with a poster-making competition themed "United by Unique." The event saw active participation from 98 students and 10 teachers, providing a creative platform to raise awareness about cancer care. The theme highlighted the importance of shared efforts in fighting cancer while recognizing the uniqueness of each patient's journey.

Highlights

Participants showcased thoughtful, impactful posters addressing various aspects of cancer care—from early detection to emotional support—reflecting their understanding and compassion. The competition encouraged reflection on the importance of personalized, patient-centered care in nursing practice.



Inspiring Words, lasting impact!

The event concluded on an inspiring note with heartfelt speeches by Ms. Chhanda and Dr. Lalitha, who emphasized the importance of early detection, holistic care, and the community's role in supporting cancer patients. They highlighted often-overlooked emotional and psychological aspects of care, encouraging students to become not just skilled professionals, but compassionate caregivers. Their words deeply resonated with the audience, leaving everyone with a renewed sense of purpose and a stronger commitment to making a difference in the fight against cancer.

“TECHNOVATE FOR INDIA” CONCLAVE

On 7th February 2025, six students from the School of Design, DIT University, participated in the "Technovate for India" Conclave hosted by The Times of India at Hotel Fairfield Marriott, Dehradun. Guided by Mr. Abhinav Gupta, the team presented an innovative solution addressing rural unemployment through low-bandwidth digital skill training.

Their model, “Uttarakhand-Centered Low Bandwidth Digital Skill Training,” featured hybrid learning approaches, IVR systems, SMS modules, and Progressive Web Applications, earning them advancement to the next round for its creativity and practicality.

The event offered valuable exposure to industry leaders, constructive feedback, and professional networking, empowering the students to think critically about leveraging technology for inclusive societal development.



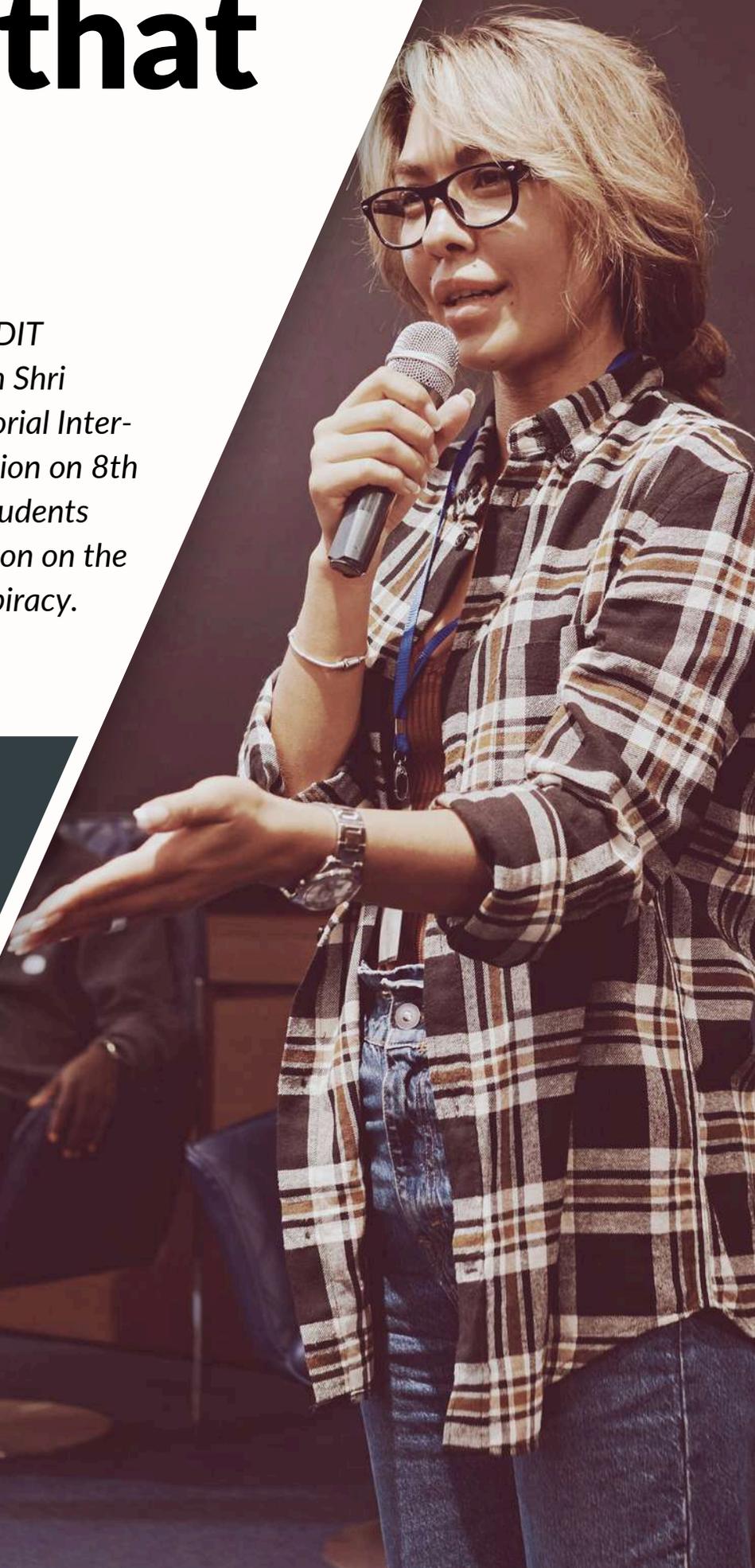
Words that Inspire

The Debating Society of DIT University hosted the 7th Shri Naveen Agarwal Ji Memorial Inter-Branch Debate Competition on 8th February 2025, where students fiercely debated the motion on the 90-hour workweek conspiracy.

Team CSE emerged as winners, with Team ECE/EE and Team BA Psychology as runner-ups.

Best Speaker awards went to:

- *Shreya Shukla*
- *Ayush Singh (English)*
- *Kanishka Sharma*
- *Divya Vijan (Hindi)*



POPULAR VS LITERARY

The School of Liberal Arts and Management (SOLAM) at DIT University hosted a Guest Lecture on “The 'Popular' and the 'Literary' in Indian English Literature” on 10th February 2025. The session featured Dr. Akshat Seth, a professor from the University of Delhi, known for his work in Indian literature and literary theory.

Dr. Seth explored the evolving divide between literary texts and popular fiction, challenging conventional ideas of “serious” literature. Referencing authors from Salman Rushdie to Chetan Bhagat, he highlighted how cultural and critical contexts shape literary value, drawing connections to Hindi and vernacular traditions.

The interactive session sparked engaging discussions on genre, readership, and canon formation, encouraging students to reconsider rigid literary hierarchies. Faculty praised the lecture for its academic relevance and insightful perspectives, making it a valuable experience for both teaching and research.



OPEN MIC NIGHT

A CELEBRATION OF
EXPRESSION AND
CAMARADERIE



On February 13, 2025, DIT University hosted an enchanting Open Mic evening under the warm stewardship of Mr. Max Purie and Ms. Bani Makkar. Kicking off at 4 PM, the event invited students to share their poetry, stories, and songs, filling the air with creativity and emotion.

The atmosphere was further enlivened by a lively round of the game Inside Out, drawing laughter and strengthening the bonds among participants.

As performances resumed, voices and melodies continued to captivate the audience, each act a heartfelt testament to the spirit of artistic expression.



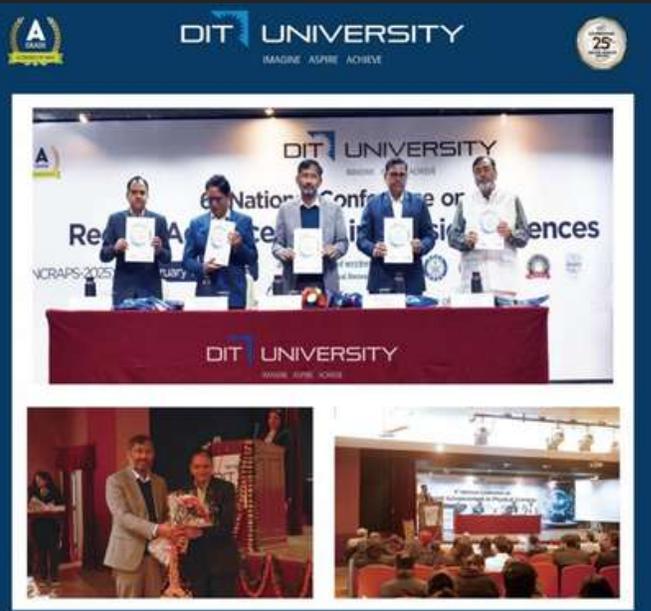
6TH NATIONAL CONFERENCE

THE 6TH NCRAPS-2025 AT DIT UNIVERSITY BROUGHT TOGETHER TOP RESEARCHERS TO DISCUSS ADVANCEMENTS IN PHYSICAL SCIENCES, FOSTERING INTERDISCIPLINARY COLLABORATION AND ACADEMIC EXCELLENCE.

Held on 14–15 February 2025 at DIT University, Dehradun, the 6th NCRAPS-2025 marked a significant event in the academic and scientific community. Co-organized with NIT Uttarakhand, MRSI, and IDST-DRDO, the conference focused on recent innovations in Physical Sciences, including Physics, Chemistry, Mathematics, and Environmental Science. The event witnessed participation from over 56 prestigious institutions, including IITs, NITs, and Central/State Universities.

The inaugural ceremony was graced by Prof. (Dr.) G. Raghurama, Dr. Harender Singh Bisht (CSIR-IIP), and Dr. Chandra Prakash (DRDO), who highlighted the importance of interdisciplinary research and its societal impact. The event featured 145 research papers presented in oral and poster formats, with 8 keynote lectures and 34 invited talks from experts like Dr. G.P. Raja Sekhar (IIT Kharagpur) and Dr. Rajesh Kumar Pandey (IIT-BHU).

A notable aspect of the conference was the announcement that selected papers would be published in SCIE and SCOPUS-indexed journals, ensuring global visibility. The conference concluded with a vote of thanks by Dr. Jogendra Kumar, recognizing the contributions of DIT University, collaborators, and participants, making NCRAPS-2025 a platform for academic excellence and interdisciplinary collaboration.



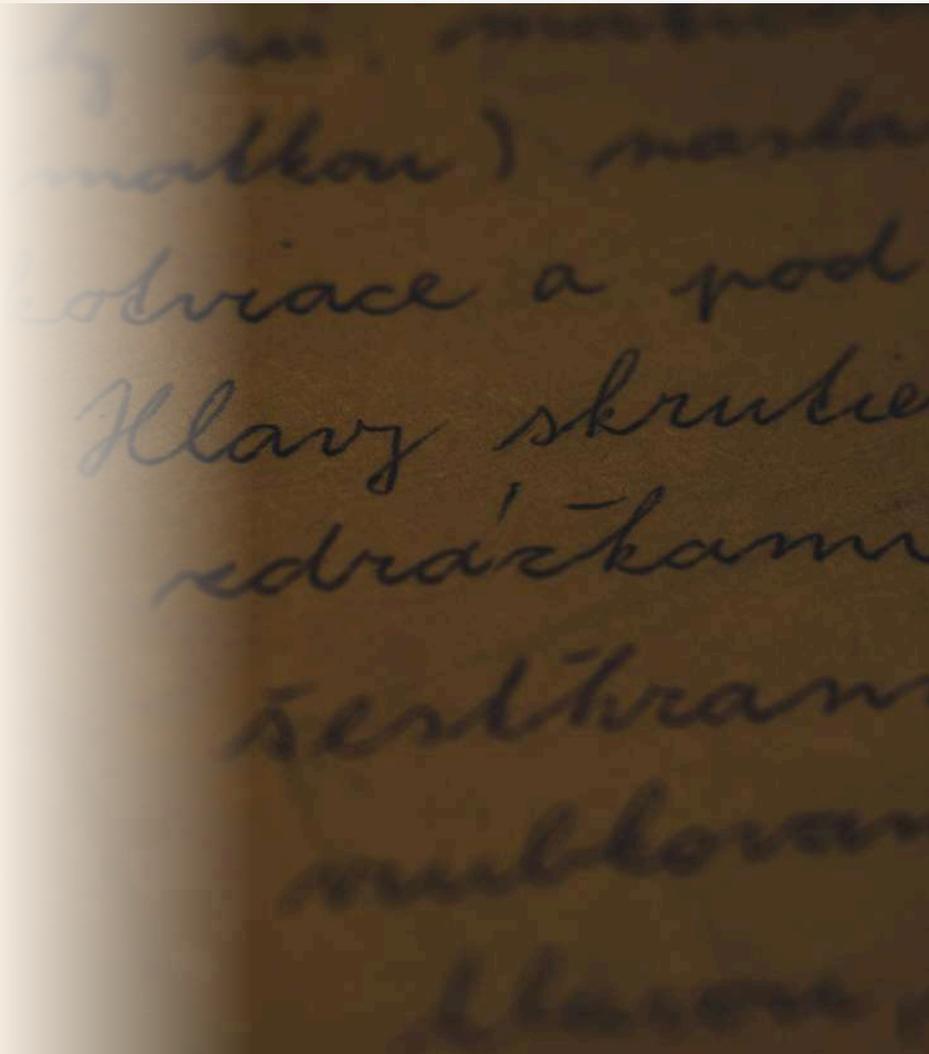
MOTHER LANGUAGE DAY CELEBRATION

ON **FEBRUARY 15, 2025**, DIT UNIVERSITY HOSTED A VIBRANT VIRTUAL SESSION TITLED "LANGUAGE AS THE FABRIC OF SOCIETY" TO MARK MOTHER LANGUAGE DAY. LED BY MR. SACHIN CHAUHAN, AN EXPERT IN CULTURAL IDENTITY AND LINGUISTICS, THE EVENT EXPLORED HOW LANGUAGE SHAPES CULTURE, IDENTITY, AND COMMUNITY BONDS.

MR. CHAUHAN EMPHASIZED THAT LANGUAGE IS MORE THAN COMMUNICATION: IT IS A LIVING VESSEL OF EMOTION, TRADITION, AND SOCIETAL VALUES. HE HIGHLIGHTED THE URGENT NEED TO PRESERVE MOTHER TONGUES IN AN INCREASINGLY GLOBALIZED WORLD.

THE INTERACTIVE SEGMENT SAW ENTHUSIASTIC PARTICIPATION, WITH STUDENTS ENGAGING IN DEEP DISCUSSIONS ABOUT THE EVOLUTION AND PRESERVATION OF LANGUAGES.

THE EVENT CONCLUDED WITH A RENEWED SENSE OF PRIDE AND RESPONSIBILITY TOWARD SAFEGUARDING LINGUISTIC HERITAGE, INSPIRING ALL ATTENDEES TO EMBRACE AND CHAMPION THEIR CULTURAL ROOTS.

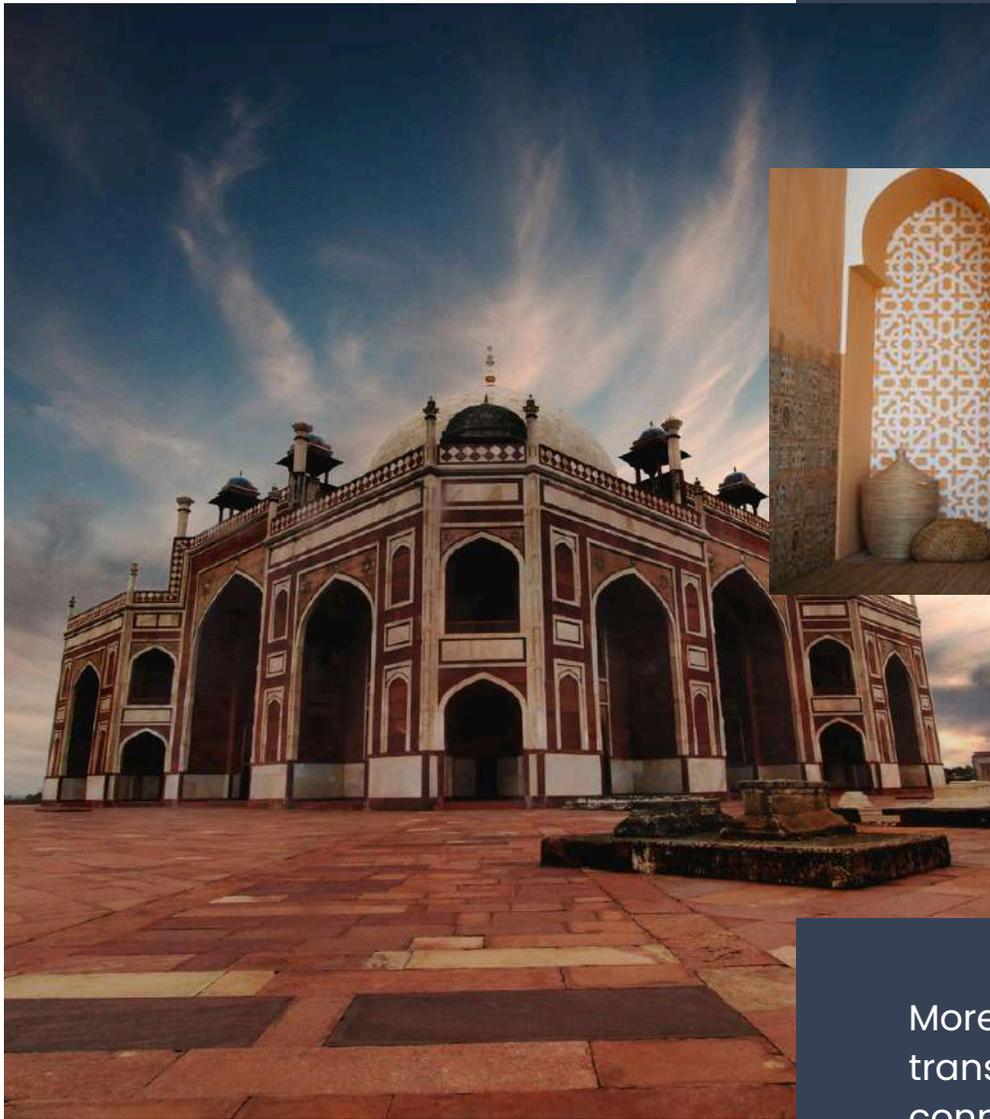


A JOURNEY THROUGH JAIPUR'S ARCHITECTURAL SOUL

TRACING HERITAGE

From measured drawings at Heena Heritage Resort to live sketching sessions at City Palace, Jantar Mantar, and Hawa Mahal, the trip brought textbook theories to life. Each structure offered lessons in spatial hierarchy, materiality, and traditional Rajasthani aesthetics.

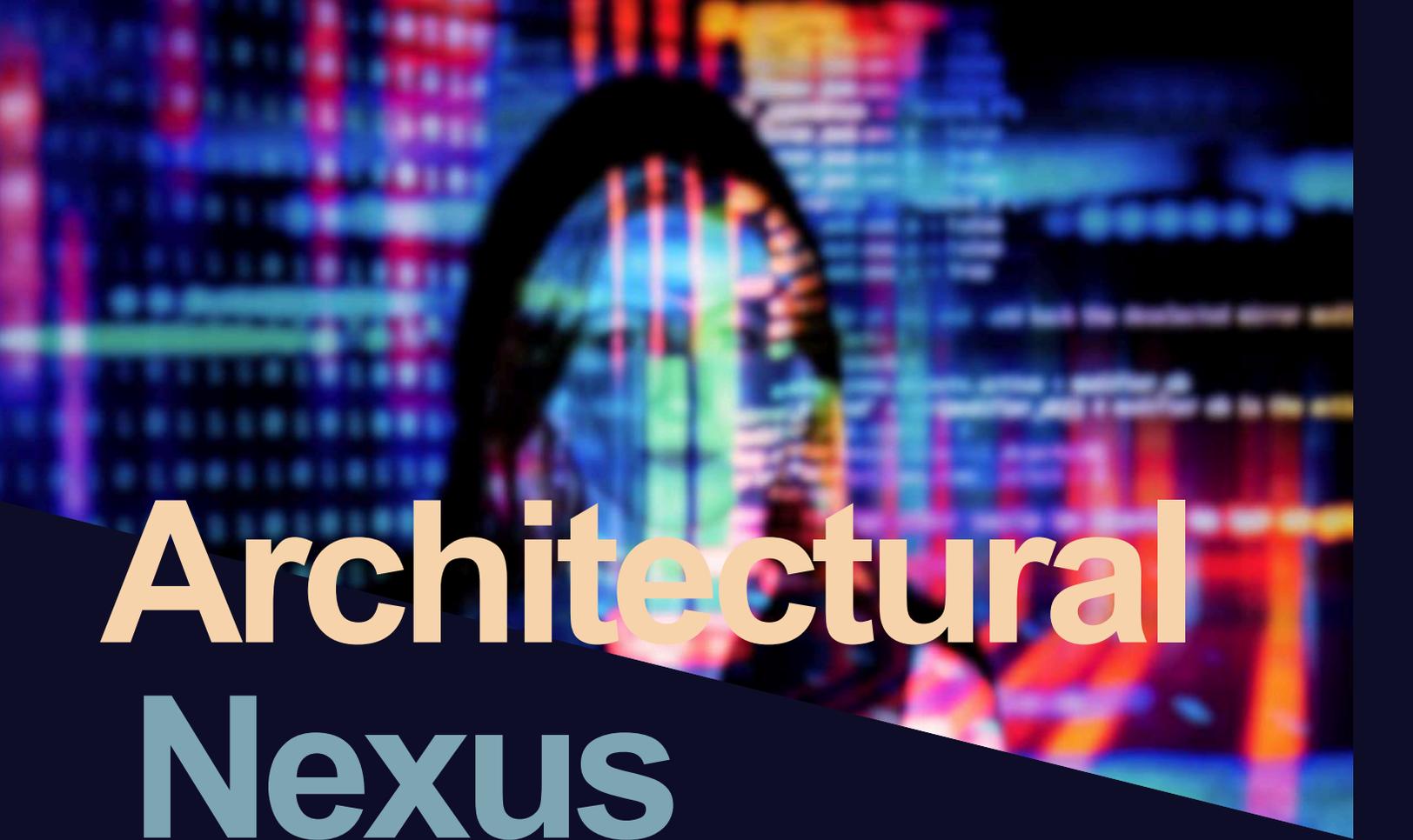
At Amer Fort, students examined facade details and historical layering, followed by an enriching exchange with peers at Aayojan School of Architecture. The evening cultural experience at Chokhi Dhani added depth to their understanding of vernacular architecture.



THE JOURNEY CONCLUDED WITH EXPLORATIONS OF ALBERT HALL MUSEUM'S INDO-SARACENIC GRANDEUR AND THE GEOMETRIC PRECISION OF JAWAHAR KALA KENDRA.

The students of DIT University's School of Architecture and Planning embarked on an immersive study trip to Jaipur, exploring the city's iconic heritage through the lens of design, culture, and conservation.

More than a trip—it was a transformative experience, connecting heritage with learning, and design with identity.



Architectural Nexus

The School of Architecture and Planning, DIT University, hosted an intensive one-day workshop on Building Information Modeling (BIM) for B. Arch 4th and 5th year students, in collaboration with Virtual Building Studio. The session offered both conceptual insights and hands-on experience with BIM software— bridging theory and real-world application.

The workshop covered:

- Introduction to BIM concepts and industry terminology
- Real-time collaboration, modeling, and visualization using BIM tools
- BIM's role in sustainable design and project efficiency
- Industry expectations, collaborations, and workforce readiness

The interactive sessions empowered students with foundational BIM skills and a clear understanding of its growing role in modern architectural practice. Students actively engaged with professionals during the concluding Q&A, exploring BIM's influence on communication, error reduction, and cross-disciplinary design.

With enthusiastic participation and practical takeaways, the workshop marked a significant step in preparing future architects for a digitized construction landscape.

INDUSTRIAL VISIT

HOTEL CONSTRUCTION SITE, KISHANPUR

On 19th February **2025**, second-year B.Des (Interior Design) students from DIT University embarked on an industrial visit to an active hotel construction site in Kishanpur, Dehradun, under the guidance of Dr. Kapil Kumar. Organized as part of their Interior Design Services curriculum, the visit aimed to provide students with hands-on exposure to fire safety installations and HVAC system integrations in a live construction environment.



During the visit, students closely observed the implementation of safety systems, wiring techniques, and compliance with national building codes. This real-world experience bridged the gap between theory and practice, enhancing their technical knowledge, critical thinking, and professional preparedness.

The visit proved to be an enriching educational experience, equipping students with valuable insights into safety engineering and site management essential for their future.



STUDENT VISIT TO PSYCHOLOGY LAB

On February 20, 2025, 12th-grade students from Shikshankur The Global School, Dehradun, visited the psychology lab for practical exposure to assessment tools and to explore career opportunities in psychology. The session began with a Welcome Address by Mr. Ram Kumar Gupta, who introduced psychology and its relevance. Dr. Pranav Kumar followed with an orientation on the lab setup and tools used in research and clinical settings. Students Jhanvi, Aanchal, and Samiksha led hands-on training with tools like the Bhatia Battery, Memory Drum, Reaction Time, and Illusion Test, offering practical insights. Santwana Mani delivered a talk on career paths in psychology, stressing the need for higher education and skill development. The visit concluded with remarks by the HoD Dr. Shriya Goyal, who highlighted the importance of experiential learning. Students participated enthusiastically, gaining valuable knowledge and a deeper interest in the field.



DIT COLLEGE OF NURSING

CULTURAL & SPORTS FESTIVAL



The DIT College of Nursing came alive with excitement on 19th February 2025 as it hosted a fun-filled cultural and sports event. Beginning at 9:00 AM, the event saw an overwhelming participation of **105** nursing students, who were all eager to showcase their talents, creativity, and competitive spirit.



A Day Full of Talent & Enthusiasm

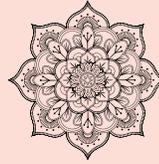


Singing

13 participants captivated the audience with their melodious voices

THE EVENT

FEATURED



Rangoli Making

5 students displayed their creativity with vibrant rangoli designs



Best Out of Waste

10 participants impressed everyone with their innovative eco-friendly creations

A WIDE

RANGE OF



Fancy Dress Competition

5 students showcased their creativity with unique costumes



Lemon Spoon Race

100 participants took on this exciting challenge of balance and focus

EXCITING ACTIVITIES,

EACH



Hair Styling

11 participants demonstrated their hairstyling skills

DRAWING



Cooking Relay Race

25 teams competed in this thrilling culinary showdown

ENTHUSIASTIC



Stand-up Comedy

6 contestants entertained the audience with their humor and wit

PARTICIPANTS



Treasure Hunt

50 students raced to solve clues in an adventurous hunt

EVENT CONCLUSION

The event concluded

With a speech by Dr Lalitha, Vice principal DIT college of nursing grand prize distribution ceremony, where winners were awarded prizes and certificates in recognition of their outstanding performances.

With an incredible

Turnout and enthusiastic participation, the event was a huge success, leaving students with wonderful memories and a strong sense of achievement. Everyone is already looking forward to next year's celebration! 🎉🎊

CREDITS:

- Organized by: Mr. Ajay & Mr. Ashok
- Judged by: Dr. Lalitha
- Location: DIT College of Nursing



Creative Writing Competition

**A CELEBRATION OF
IMAGINATION**



On February 20, 2025, Clickerrati Literati (LC) hosted the much-anticipated Creative Writing Competition, offering students a platform to unleash their imagination.

The event opened with a warm introduction and an explanation of the rules. Participants were given a range of creative prompts— from images to story outlines— and had one hour to craft their pieces in either Hindi or English.

A calm, focused atmosphere encouraged deep creativity, resulting in a collection of thoughtful and expressive stories.

The competition not only highlighted the literary talents of the students but also fostered a strong spirit of storytelling and artistic exploration.

OMNICHANNEL EXPERIENCE DESIGN WORKSHOP



The School of Design, DIT University, hosted an interactive workshop on Omnichannel Experience Design, led by Mrs. Savita Ahirwar from College Dekho, on 20th February 2025. Aimed at strengthening students' understanding of customer-centric strategies, the session explored the differences between multichannel and omnichannel approaches and their impact on user experience.

Structured into two parts, the workshop covered key concepts like user personas, journey mapping, and scenario creation, followed by a hands-on design challenge for a fictional brand, *Urban Grocery*. Throughout the day, students applied theoretical knowledge to real-world scenarios, receiving continuous feedback to refine their solutions.

With 40 participants actively engaged and coordinated by Ms. Priya Gupta, the workshop offered a strong foundation in designing seamless, user-first omnichannel experiences.

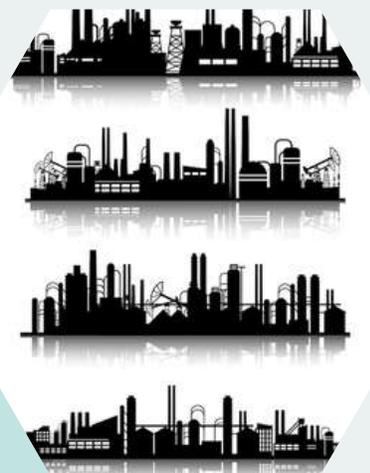
INDUSTRIAL WEBINAR



THE SCHOOL OF DESIGN, DIT UNIVERSITY, IN COLLABORATION WITH TECHNICOLOR ACADEMY, ORGANIZED AN INSIGHTFUL WEBINAR TITLED "CAREER OPPORTUNITIES IN ANIMATION, VFX, AND GAMING INDUSTRIES" ON 20TH FEBRUARY 2025 AT STUDIO ROOM 204, VASTU BUILDING. COORDINATED BY MR. GAURAV KAKKAR, THE EVENT SAW PARTICIPATION FROM 50 STUDENTS (40 OFFLINE, 10 ONLINE).

A DISTINGUISHED PANEL OF INDUSTRY EXPERTS— MR. DODDA DIVYA SAGAR, MS. LIZZIELET GRACIA, MR. VIJAY KUMAR V, MR. BHASKARACHARI KOMARAGIRI, AND MR. SARADHI KRISHNA GADDIGOPULA— SHARED EVOLVING TRENDS, CAREER PATHS, AND CRUCIAL SKILLS FOR SUCCESS IN THE CREATIVE MEDIA INDUSTRY.

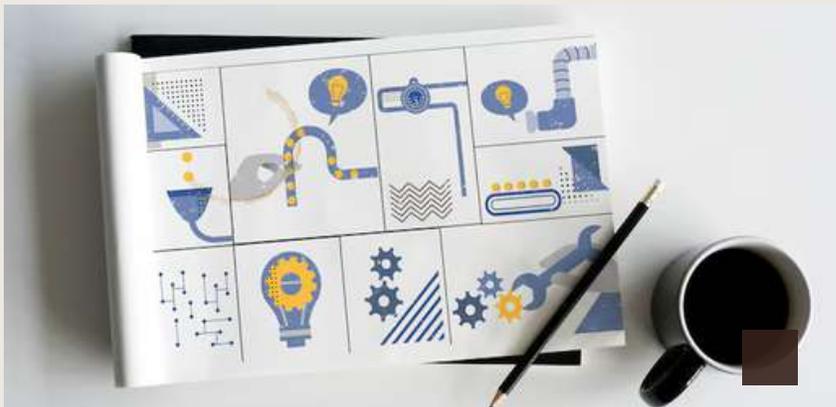
A MAJOR HIGHLIGHT WAS A FOCUSED SESSION ON PORTFOLIO BUILDING, PROVIDING STUDENTS WITH PROFESSIONAL TIPS TO SHOWCASE THEIR SKILLS EFFECTIVELY. THE WEBINAR NOT ONLY BROADENED STUDENTS' PERSPECTIVES BUT ALSO MOTIVATED THEM TO PURSUE GLOBAL CAREERS IN ANIMATION, GAMING, AND VFX WITH GREATER CLARITY AND PURPOSE.





PORTFOLIO DEVELOPMENT WORKSHOP

Concept to Career



The School of Design, DIT University, successfully organized a two-day workshop titled "Concept to Career: UX Portfolio & Capacity Building" for B.Des. UX and M.Des. students on 20- 21st February 2025 at Studio Room No. 204, Vastu Building. Led by industry experts Ms. Vani J. (Design Lead, BORN - TechMahindra) and Mr. Manish Gusain (Design Head, NDTV), the workshop focused on building professional UX portfolios aligned with industry standards.

Students participated in interactive sessions covering portfolio documentation, design exercises, and mock interviews, receiving valuable feedback and tips on communication, project presentation, and current hiring trends. A highlight was the panel discussion, which offered insider perspectives on recruiter expectations.

With 114 students participating across two days, and smooth coordination by Mr. Abdul Kalam and Ms. Mahima Yadav, the workshop proved to be an impactful step toward enhancing students' career readiness in UX design.

DIGITAL EXPERIENCE

Strategy Workshop

The School of Design at DIT University organized a workshop on “Digital Experience Strategy” on 21st February 2025 in the Vastu Building, Room No. 303. Led by Mrs. Savita Ahirwar from College Dekho, the workshop saw 30 enthusiastic participants exploring how UX design and business strategies come together to create impactful digital products.

The session began with an introduction to digital strategy fundamentals and its role in enhancing user experience and business growth. A major highlight was the hands-on group activity, where students developed UX strategies for e-commerce and service-based businesses as part of their mid-term evaluation.

Participants gained real-world experience in design management— from identifying goals and user needs to managing budgets and building prototypes. Open discussions and brainstorming sessions added to the dynamic learning environment.



By the end of the workshop, students had a clear understanding of strategic thinking in UX design, balancing business objectives with user needs, and the skills required for today’s digital-first world. The event was a valuable and practical glimpse into the career of a UX strategist.

SEWAGE TREATMENT PLANT VISIT



On 21st February 2025, the Departments of Chemistry, Civil Engineering, and the School of Architecture jointly organized a one-day educational visit to the Kargi Sewage Treatment Plant in Dehradun. The visit provided practical exposure for students enrolled in Environmental Science, Sewage and Solid Waste Engineering, and Disaster Preparedness, Planning, and Management courses.

Sustainability awareness and learning

Students gained valuable insights into sewage treatment, wastewater management, and their relevance to SDG 6 (Clean Water) and SDG 11 (Sustainable Cities). The visit reinforced the university's mission to inspire future leaders in environmental sustainability. Participants, including faculty and STP staff, also took a collective pledge to promote a cleaner, greener world by reducing environmental pollutants.



Conclusion

The visit proved valuable in understanding water resource management, waste treatment, and resource recovery. It highlighted DIT University's dedication to sustainability through education, research, and practical application, inspiring students to actively engage in ecological conservation and sustainable development.



CHAI PE CHARCHA 3.0



On 22nd February 2025, the Debating Society of DIT University hosted Chai Pe Charcha 3.0 at the Vastu Building Seminar Hall. The event blended a lively panel discussion and an impromptu extempore round, with students across all years participating actively.



More than just a workshop, it felt like a family gathering where ideas flowed freely. The session fostered open conversations, quick thinking, and lasting memories—truly a celebration of connection and expression.

The informal setting encouraged even the shyest students to speak up, sparking spontaneous and thought-provoking discussions. The event also helped in building confidence, enhancing articulation skills, and strengthening bonds within the university community.

Chai Pe Charcha 3.0 once again proved that meaningful conversations over a simple cup of chai can ignite powerful ideas.

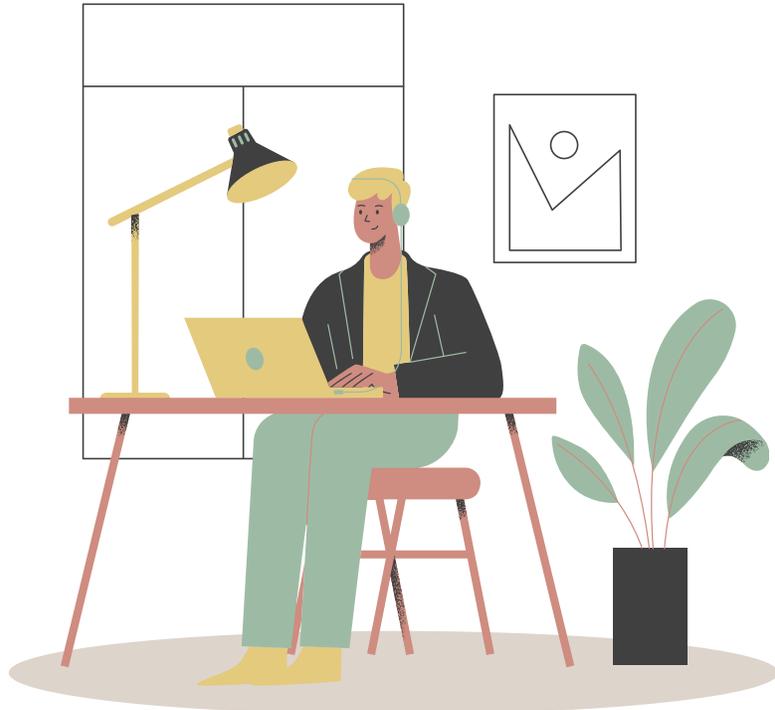


HELLO
MARCH!

WHERE LEARNING MEETS INNOVATION

A hands-on glimpse into pharmaceutical excellence at Indian Glycols

An insightful industrial visit to Indian Glycols Limited was organized on 1st March 2025 for the B. Pharm 6th Semester students. The visit aimed to provide hands-on exposure to pharmaceutical manufacturing and quality assurance processes, complementing their academic curriculum with real-world industrial practices.



During the visit, students explored cutting-edge manufacturing facilities, witnessing first-hand the intricate processes involved in pharmaceutical production. They also interacted with industry professionals, gaining valuable insights into operational workflows, regulatory standards, and quality control systems integral to the pharmaceutical industry.

The experience significantly enhanced the students' understanding of theoretical concepts by observing their application in a professional setting. This visit not only broadened their technical knowledge but also inspired a deeper appreciation for the standards and innovations that drive the pharmaceutical sector.

Such industry-academia interactions play a pivotal role in shaping future professionals, and this visit was a step forward in bridging the gap between classroom learning and industrial experience.

Igniting Ideas & Inspiring Innovation

The School of Pharmaceuticals Population Health Informatics, DIT University, Dehradun, celebrated National Pharmacy Education Day on 6th March 2025 with vibrant participation and a strong focus on innovation and practical knowledge.

The day commenced with an enlightening lecture by Mr. Pankaj Tiwari, Vice President (Operations) at East African India Overseas. His talk, centered around the theme “Entrepreneurship & Startups in Pharma and Pharmacy Practice: Encouraging Innovation, Incubation Centres, and Pharmaceutical Startups,” offered deep insights into the dynamic world of pharmaceutical entrepreneurship. Mr. Tiwari emphasized the significance of innovation in the pharma industry, discussed the role of incubation centres, and inspired students to harness their potential in shaping the future of healthcare through startups.



The second half of the event featured a unique and engaging activity—“Nutrition Without Fire”, organized at SoPPHI. This creative competition saw over 20 students, divided into four teams, presenting nutraceutical-based recipes aimed at managing metabolic disorders. The activity merged scientific understanding with culinary creativity, highlighting the importance of functional foods in both preventive and therapeutic nutrition.

The celebration was a dynamic mix of education, innovation, and health awareness, encouraging students to think beyond traditional paths and explore new frontiers in the pharmaceutical and nutraceutical domains.

Empowering Wellness: Celebrating Strength and Health

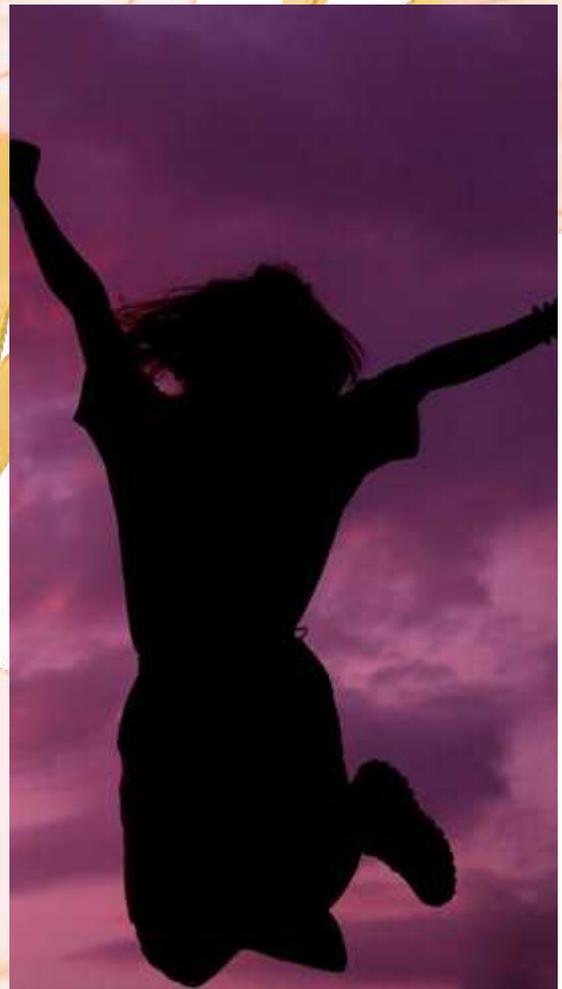
Celebrating women's health, strength, and inner peace through mindful wellness and community care.

On the occasion of International Women's Day, celebrated on 8th March 2025, the HR Department, along with the NSS Council at DIT University, organized a Health Checkup Camp and a Fitness Session, dedicated to fostering health, empowerment, and holistic well-being.

The day began with a vibrant ribbon-cutting ceremony led by women medical professionals, a powerful tribute to the vital role women play in the healthcare sector. The health camp offered a wide range of comprehensive screenings, including eye checkups, blood pressure monitoring, blood sugar tests, and dental examinations. Both faculty members and students eagerly participated, taking full advantage of the services and gaining personalized health insights from skilled professionals.

As the event progressed, a fitness session was organized, emphasizing holistic wellness. The session included meditation practices to nurture mental peace amidst life's chaos, as well as physical exercise techniques aimed at boosting energy levels and promoting physical fitness. A lively question-and-answer round enabled participants to interact directly with medical professionals, deepening their understanding of personal health and lifestyle management.

The session also featured a discussion on finding inner peace, highlighting the significance of maintaining emotional and mental clarity in today's fast-paced world. The celebration offered a perfect blend of physical activity, mental mindfulness, and community connection, truly embodying the spirit of International Women's Day — honoring the strength, resilience, and holistic well-being of women.



FORENSIC SCIENCE

— Exploring the Wonders of Forensic Science —

The Forensic Science Masterclass by Dr. Kavita Garg, Former Senior Scientific Officer, FSL Delhi offered an enriching experience into the world of criminal investigations and scientific inquiry. Students delved into the fascinating domains of forensic science, learning about its practical applications, emerging technologies, and diverse career prospects. The masterclass ignited curiosity and broadened horizons, emphasizing the critical role forensic experts play in modern law enforcement and justice systems.



HR CONCLAVE 2025

In a spectacular showcase of leadership, collaboration, and foresight, DIT University, in association with IMS Unison University and the NHRDN (UK Chapter), hosted the groundbreaking HR 2025 Conclave on 22nd March 2025 at the prestigious Vedanta Auditorium.

With the bold theme “Unleashing Skill Sets of Future Leaders”, the conclave didn’t just spark conversations—it ignited a movement. It brought together a powerhouse assembly of HR visionaries, corporate leaders, academic pioneers, and policy-makers, all driven by a common goal: to define the blueprint for the workforce of tomorrow.

From Mr. C. Ravishankar, Secretary of Skill Development & Employment, to Prof. (Dr.) T.V. Rao, the father of India’s HR revolution, the speaker lineup was a league of legends. Discussions spanned across multi-generational workforce dynamics, AI-driven recruitment, and transformative leadership. Dr. Rao’s masterclass was a resounding highlight—an electrifying deep-dive into leadership evolution that left the audience inspired and energized.



With participation from over 80+ top industry leaders, including representatives from Wipro, HERO, ITC, HCL Tech, Panasonic, Bajaj Motors, and many more, the conclave was more than just an event—it was a milestone. The exchange of ideas, experiences, and innovative strategies elevated the platform into a leadership think tank of national significance.

The HR 2025 Conclave marked DIT University’s unrelenting commitment to pushing boundaries, building bridges between academia and industry, and preparing students to lead in the digital era. It set a new benchmark for academic-industry collaboration and proved that the future of leadership isn’t just being discussed at DIT—it’s being designed.

CRACK THE CODE:

A Thrilling Race Against Time



With just one and a half hours on the clock, the hunt tested the teams' abilities to decode, navigate, and collaborate under pressure. Out of the four teams, three successfully cracked the trail to reach the final destination, but it was the first team to arrive that claimed the ultimate victory.

On 24th March 2025, excitement filled the air as the much-anticipated Treasure Hunt unfolded, kicking off with an electrifying introduction by the hosts who set the stage and outlined the rules for the eager participants.

Armed with QR codes, four enthusiastic teams dove into the challenge, scanning their first clues and embarking on a fast-paced journey filled with riddles and surprises. Each QR code unlocked a new riddle, pushing teams to race through the campus, relying on their wit, speed, and strategy to move to the next location.



The event turned out to be a dynamic showcase of teamwork, sharp thinking, and sheer determination, leaving both participants and spectators energized and eager for more.

Riddles, races, and roaring excitement—a treasure hunt where every second counted!

A SYMPHONY OF COLORS



On the joyous occasion of the Hindu New Year, the DIT University campus burst into vibrant hues as the Rangoli Competition took center stage on March 26, 2025. Organized by the enthusiastic GPF Youth Club, the event turned the celebration into a dazzling display of creativity, tradition, and eco-consciousness.

With 17 participants forming 7 spirited teams, the competition venue transformed into a stunning gallery of Rangoli masterpieces, each telling stories of unity, festivity, and social harmony. What made the event even more remarkable was the collective commitment to sustainability— every design was meticulously crafted using eco-friendly materials, beautifully blending artistic expression with environmental responsibility.

The distinguished panel of judges— Dr. Pooja Swaroop Saxena, Dr. Rajni Goel, Dr. Alpa Singh Rajput, Dr. Fateh Singh, and Dr. Sandeep Sharma —praised the students' exceptional artistry, creativity, and the meaningful narratives captured through their designs. Their encouraging feedback inspired participants to view art as a bridge between tradition, innovation, and societal impact.

More than just a competition, the event blossomed into a celebration of culture, collaboration, and creativity, reinforcing the spirit of community and reminding everyone that when tradition meets imagination, the results are truly timeless.

A vibrant collage of sports-related icons on a light orange background. The icons include a yellow and red football helmet, a green tennis ball, a red tennis racket, a yellow and red football, a yellow starburst, a red basketball, a yellow and green volleyball, a green tennis racket, a yellow and red baseball bat, a white baseball with red stitching, a red and yellow football helmet, a yellow and red badminton racket, and another yellow starburst.

SPHURTI 2025

BASKETBALL SEMI FINALS-1

DIT UNIVERSITY

VS

DEV BHOOMI UNIVERSITY

29th March 2025

The basketball court of DIT University was vibrant, filled with excitement as a large crowd gathered to support their home team in the semifinals of inter-university tournament. The atmosphere was charged, filled with chants and unwavering support for DIT University as they faced Dev Bhoomi University in the semifinals. In the first half of the match, DIT dominated the match both offensively and defensively, taking early control on the match. DIT players played impressive in the second quarter of the match, they outscored Dev Bhoomi with 14-12 showcasing their shooting skills and coordination. By the end of the first half, DIT set the lead proving themselves as home team.

However, Dev Bhoomi was not to be underestimated. They fought back in the third quarter of the match and outscored DIT with 14-12. Their offence picked up the pace and key players like Abhishek (07), Abhay (01) got their hands set on the ring making crucial baskets for their team. Abhishek showcased his sharp shooting skills while Abhay added the valuable points, helping to close the gap. Apart from these two, rests of the players showed their defensive skills, disrupting the offence of DIT and providing the necessary support for both in match.

In the last quarter of the match, the breath of everyone present seemed to be stuck in their throat as the team scored 12 points each, creating an intense atmosphere. Both the team showcased their determination and skills making it a nail-biting match. In the end, it was DIT University that made up to the finals with the score of 45-41, winning by 4 points. Key performance came from Chaitanya (15), who played a crucial role in both offense and defense. Equally significant were Manan (20) and Tribhuvan (11), both collected the crucial rebounds for the DIT University, securing possessions and adding valuable points to the score. Saurabh (14) the point guard of the team, skillfully rotated the ball, ensuring smooth ball movement and creating open opportunities for his teammates. With the final whistle of the referee, DIT University celebrated their victory, and advancing to the finals. Team's true determination, hard work, team spirit and unwavering support from the crowd made this semifinals an unforgettable experience.



MARCH

2025

AFTER TWO THRILLING SEMIFINALS, IT WAS TIME FOR THE FINAL MATCH OF INTER-UNIVERSITY TOURNAMENT. THE BASKETBALL COURT OF DIT UNIVERSITY WAS ALL SET TO WITNESS AN INTENSE CLASH BETWEEN THE HOME TEAM AND THE TEAM THAT KNOCKED OUT THE DEFENDING CHAMPIONS OUT OF THE LEAGUE-MIET MEERUT. THE ATMOSPHERE WAS VIBRANT WITH BOTH THE TEAMS DETERMINED TO GIVE THEIR ALL TO THIS FINAL MATCH. WITH THE WHISTLE OF THE REFEREE, THE PLAYING FIVE OF THE TEAM STEPPED ONTO THE COURT AND THE AUDIENCE STARTED CHEERING UP FOR THEIR HOME TEAM-DIT UNIVERSITY.

IN THE FIRST QUARTER, BOTH THE TEAMS FOCUSED ON DEFENSE AND AVOIDED TAKING RISK BY FAST BREAKS. BY THE END OF THE QUARTER, MIET HAD A SLIGHT LEAD BY SCORING 9 POINTS WHILE DIT SCORED 8 LAGGING WITH JUST 1 POINT. DURING THE QUARTER BREAK PLAYERS OF DIT UNIVERSITY GATHERED WITH THEIR COACH MR. ABHINAV AND REVISED THEIR STRATEGIES. IN THE SECOND QUARTER THE GAME PICKED UP ITS PACE, WITH MIET SHOWCASING THEIR REAL GAME. NOW PLAYERS OF MIET TOOK CHARGE ON THE OFFENSE WITH NISHANT (22), RAJVEER (02) AND PRIYANSHU (11) ON REBOUNDS, SECURING THE POSSESSION THE CONVERTING THE SHOTS. THE BALL ROTATION, BALL HANDLING AND THEIR QUICK PASSES HELPED MIET BREAK THROUGH DIT DEFENSE AND SCORE MORE BASKETS. BY THE HALF TIME, MIET OUTSCORED DIT BY 10-16, DOMINATING IN THE FIRST HALF.

IN THE THIRD QUARTER, MIET CONTINUED THEIR OFFENSIVE ATTACK. THEIR PLAYERS, NISHANT (22) AND PRIYANSHU (11) BEAUTIFULLY ROTATED THE BALL AND MAKING QUICK PASSES THAT HELP THEM BREAK THROUGH THE DIT'S DEFENSE. TRIBHUVAN (11) FROM DIT UNIVERSITY COLLECTED DEFENSIVE REBOUNDS WITH GREAT PRECISION, MAINTAINING POSSESSION FOR HIS TEAM MEANWHILE NAMAN (06) OF DIT WAS ON KEY FAST BREAKS, RECEIVING BALL DIRECT ACROSS HALF COURT INTO THE OPPOSITION'S DEFENSE TO SCORE VALUABLE POINTS, NARROWING THE GAP. WITH THESE EFFORTS DIT MANAGED TO REDUCE THE GAP. HARSH (08) FROM DIT SHOWCASED HIS INCREDIBLE SHOOTING SKILLS, SHOOTING DIRECTLY FROM THE THREE POINTERS WITH PRECISION LIKE A SHARPSHOOTER. DESPITE THESE EFFORTS, MIET OUTSCORED DIT BY 21-17, MAINTAINING THEIR LEAD.

HOWEVER, IN THE FOURTH QUARTER, DIT PLAYERS FOUGHT HARD TO CLOSE THE LEAD, SHOWCASING THEIR DETERMINATION AND HARD WORK. THEY PUSHED THE BALL QUICKLY CREATING OPEN-SHOTS AND FAST BREAKS. PLAYERS LIKE TRIBHUVAN (11) AND NAMAN (06) KEPT ATTACKING WHILE SIDE CHAITANYA (15) SHOWCASED HIS SHOOTING SKILLS. IN THE LAST MINUTES OF THE FOURTH QUARTER, DIT'S POINT GUARD, SAURABH (14) SCORED 3 BACK-TO-BACK THREE POINTERS ADDING 9 IMPORTANT POINTS TO THE SCOREBOARD. EVEN WITH THIS STRONG EFFORT AND HARD WORK FROM THE TEAM, DIT COULD NOT NARROW THE GAP. MIET STAYED STRONG AND WON THE MATCH BY 61-50, BECOMING WINNERS OF THE TOURNAMENT.

THE FINAL MATCH OF THE INTER-UNIVERSITY TOURNAMENT WAS A TRUE DISPLAY OF TEAMWORK, DETERMINATION, SELF-BELIEF AND HARD WORK FROM BOTH THE SIDES.



SHOWCASING CUTTING-EDGE RESEARCH AND INNOVATION

SCI/Scopus Indexed Journals

1. Verma, G. (Feb 2025)

Title: A Secure Blockchain-Based Health Prediction Framework Using Mantaray Optimization

Published in: Security and Privacy, 8(2)

Indexing: Web of Science | Impact Factor: 1.5

2. Pratibha Sharma, Hemraj Saini, A. Kalia (2025)

Title: SURETY-Fog: Secure Data Query and Storage Processing in Fog-Driven IoT Environment

Journal: Sustainable Computing: Informatics and Systems, Vol. 46

Indexing: Q1 | Impact Factor: High

3. Pratibha Sharma, A. Kalia, Hemraj Saini (2025)

Title: A Hybrid Ensemble Framework for Intrusion Detection in IoT Using Blockchain-Integrated Fog Networks

Journal: Journal of Information Systems Engineering and Management, 10(2s)

Indexing: Q4

4. Piyush Anand, Dr. Ajay Shaker Singh, Dr. Alok Katiyar (2025)

Title: A Modified Deep Neural Network-based Denoiser for Pre-Processing of Diabetic Retinopathy Images

Journal: Journal of Information Systems Engineering and Management, 10(14s)

Indexing: Q4

5. Saini, N. et al. (2025)

Title: Synergizing Machine Learning and Fluorescent Biomolecules: A New Era in Sensing Platforms

Journal: Trends in Analytical Chemistry, Vol. 187

Indexing: Q1 | Impact Factor: High

6. Arun Uniyal et al. (2025)

Title: Silver, Silicon, and Selenium-Based Surface Plasmon Resonance Sensor for Pathogen Bacteria Detection in the Visible Region

Journal: Optics and Quantum Electronics, 57

Indexing: WoS | Q2 | Impact Factor: 3.3

7. Karki, B., Pal, A., Dhiman, G. et al. (2025)

Title: Ultra-sensitive Early Detection of Colorectal Cancer Using Surface Plasmon Resonance Sensor: Theoretical Analysis

Journal: Microchimica Acta, Vol. 192

Indexing: WoS | Q1 | Impact Factor: 5.4

8. Verma, G. (2025)

Title: Sustainable Cost-Energy Aware Load Balancing in Cloud Environment Using Intelligent Optimization

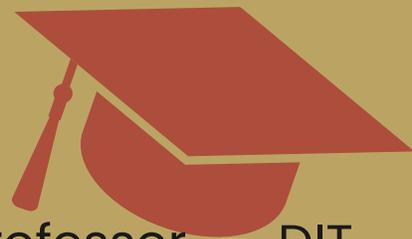
Journal: Sustainable Computing: Informatics and Systems

Indexing: WoS | Q1 | Impact Factor: 3.8



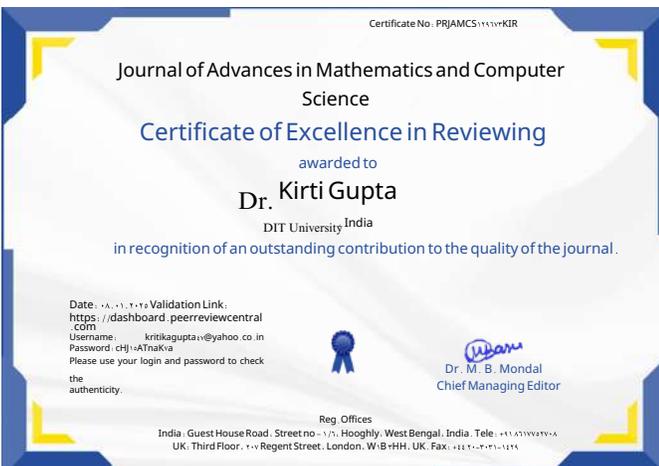
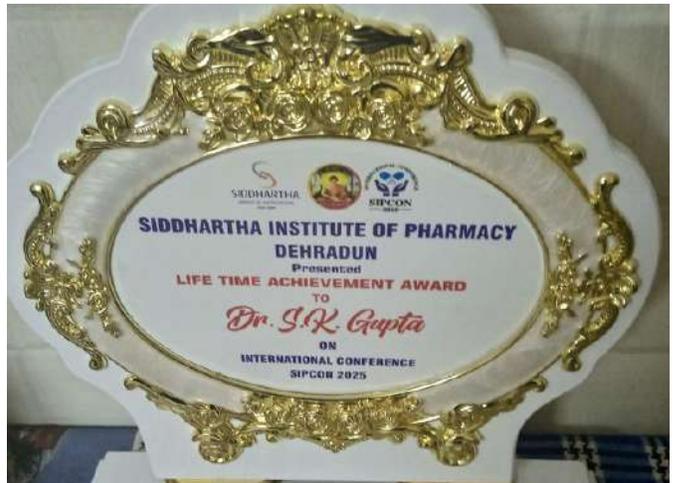


Faculty
ACHIEVEMENTS

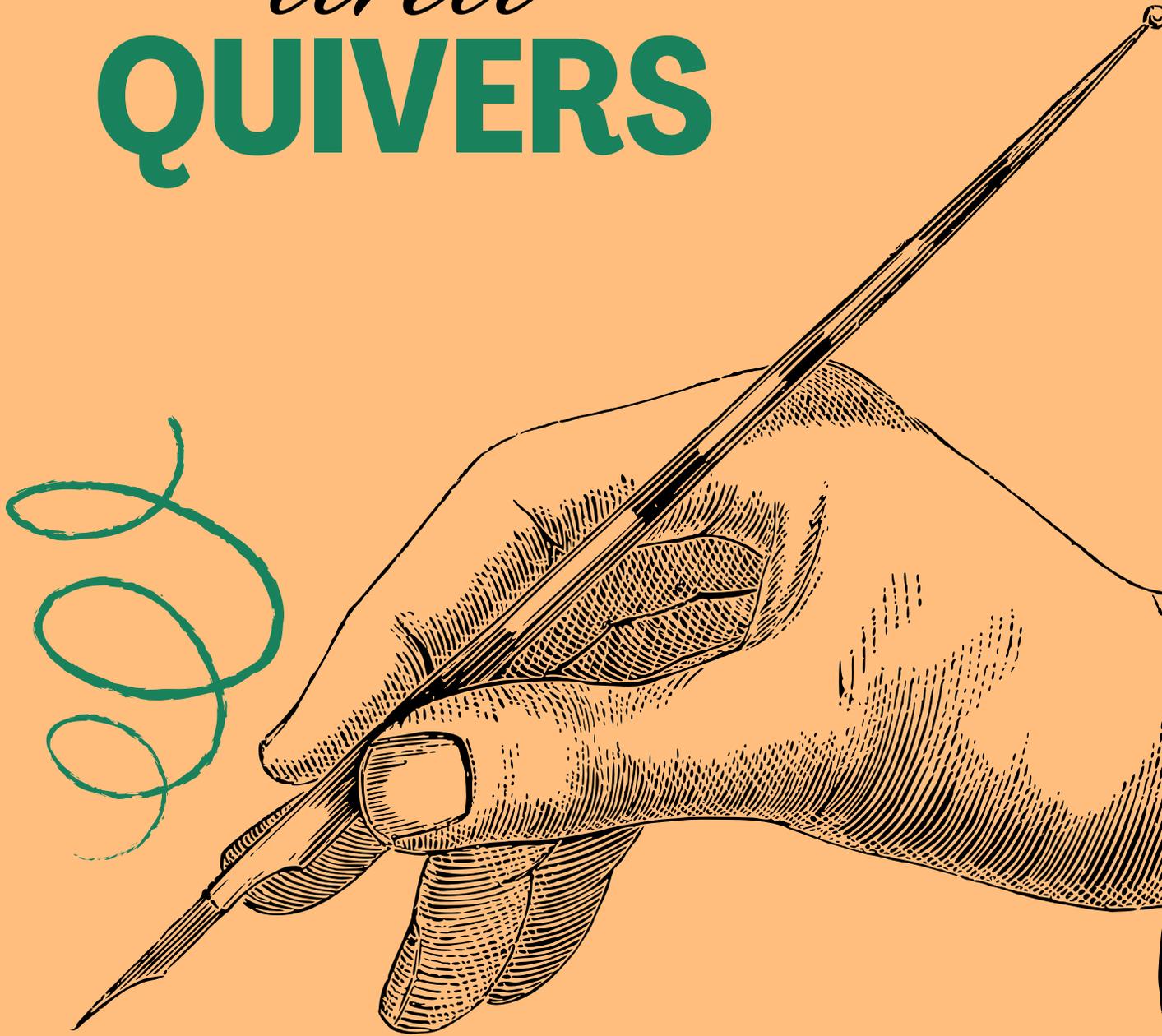


- **Dr. Neeraj Kumar Sethiya**, Associate Professor – DIT University, was the recipient of the MPA Young Achiever Award 2024, accorded by MSU Pharmacy Alumni Association
- **Dr. Kirti Gupta**, Assistant Professor – DIT University, was accorded a Certificate of Excellence in Reviewing in recognition of an outstanding contribution to the quality of the journal by Journal of Mathematics and Computer Science.
- **Dr. Sudipta Chakraborty**, Assistant Professor – DIT University, was accorded Certificate of Appreciation for her contribution as the Guest of Honour in the Award Declaration Ceremony of St. Aloysius Best Research Paper Award 2024-25.
- **Dr. S.K. Gupta**, Professor – DIT University, was the recipient of the Lifetime Achievement Award accorded by Siddhartha Institute of Pharmacy on the occasion of the International Conference SIPCON 2025.





QUILLS *and* QUIVERS





THE CONFESSIOIN
she needed

-Akshit Rayal

THE VOICES SHE NEEDED TO HEAR

THE BLOOM

*Since you don't get offended easily
I have to confess something,
I can't keep it in my heart anymore
I have been devouring you like a ghore,
Only if you have had not played along
There would have been no place for me to belong,
Now that I have revealed my intentions, I must tell you
that*

*I have been using you all along
I used you to feel elated
I thought my heart could be nothing but gated,
In search of the key, I ran blocks
Then I found you and
I used you to open those locks
Oh, did I tell you?*

*I have been using you to fly high in the sky
being shy*

*Thinking about you till the moment I die,
Yes, I have been using you*

*And I want you to use me better than I could ever use you
or me myself*

*Oh my dear I want you to keep my picture in your heart's
shelf.*

-AKSHIT RAYAL



LIVING
Green



-Lakhvinder Singh Dabra

SUSTAINABILITY THROUGH PLANTATION

ORGANIC LIFESTYLE



Sustainability is more than just a trend—it's a conscious commitment to preserving the earth for future generations. One of the most effective ways to practice sustainability is through plantation and adopting an organic lifestyle. These choices not only nurture the planet but also enhance personal well-being and community health.

Plantation plays a vital role in restoring ecological balance. Trees absorb carbon dioxide, purify the air, prevent soil erosion, and support biodiversity. Home gardens, community green spaces, and reforestation efforts help counteract the harmful effects of urbanization and climate change. Even planting a small herb garden or fruit-bearing plant on a balcony can contribute to this green movement.



Adopting an organic lifestyle complements plantation by reducing dependence on chemicals and synthetic products. Organic farming avoids harmful pesticides and fertilizers, promoting soil health and water conservation. Consuming organic produce minimizes exposure to toxins, supports local farmers, and encourages ethical farming practices. Additionally, using biodegradable products, reducing plastic use, composting waste, and supporting eco-friendly brands are small yet impactful steps toward sustainability.

Together, plantation and organic living create a ripple effect—improving air and water quality, preserving biodiversity, and promoting a healthier lifestyle. These practices reconnect us with nature, foster mindfulness, and build resilient communities. Sustainability begins with simple choices made daily. Whether it's planting a tree, switching to organic food, or using reusable bags, every action contributes to a greener future.

**PLANT
TODAY**

**BREATHE
TOMORROW**

A close-up photograph of a hand holding a tea bud. The hand is positioned on the right side of the frame, with fingers gently gripping the stem of a young tea shoot. The tea bud is in the center, showing several layers of green, pointed leaves. The background is filled with more tea leaves, some in focus and some blurred, creating a sense of depth. The overall color palette is dominated by various shades of green, from light lime to deep forest green, with a soft, natural lighting that highlights the textures of the leaves and the skin of the hand.

LET EVERY LEAF
YOU GROW BE A
PROMISE TO THE
PLANET



WANDER AND WITHIN
FINDING
YOURSELF

When geography shifts, so does identity.

-Tejas Nautiyal





Travel is more than ticking destinations off a bucket list—it's a journey inward. While exploring new cities, cultures, and landscapes, many discover something far more valuable: themselves. Tourism, when approached mindfully, becomes a path to self-discovery and growth.

Stepping out of your comfort zone and into the unknown challenges your habits, assumptions, and fears. Whether it's getting lost in a foreign city, sharing stories with strangers, or witnessing a breathtaking sunset atop a mountain—you begin to see the world, and yourself, with fresh eyes. In unfamiliar places, we shed roles and expectations. We're no longer the employee, the student, the caregiver—we're just a traveler, open and raw. That space allows clarity to surface

Each journey is filled with moments of stillness and connection—sometimes with others, often with ourselves. The solitude of a quiet beach or the chaos of a local market can awaken thoughts and feelings long buried beneath routine. Travel teaches resilience, adaptability, and gratitude. You start learning who you are when no one is watching, when every choice is yours to make, and when every experience is unfiltered.

Finding yourself through tourism doesn't require a grand trip across continents. It's in the small detours, the spontaneous conversations, the awe of discovering that the world is bigger—and kinder—than we imagined.

"Sometimes, you have to get lost to find the part of you that's been waiting to be found."

Let travel not just be a destination, but a mirror—revealing the soul beneath the surface.

Girta Sambhatta

-Kartik Beniwal

छुपके सी मुस्कान, खिल उठे दिल के कोने
हर कदम तेरे संग, खिलें नयी बहारों के ठिकाने।
तेरी हँसी की रौशनी में खिलखिलाता सपना,
गिरता सँभलता, गिरता सँभलता, गिरता सँभलता
(बेपरवाह, बेपरवाह)

धड़कनों में मधुर गीत, पंख फैलाए हर ख्वाब
तेरे साथ चलना जैसे मिल जाए चाँद का जवाब।
बूंदों सी नर्म छुअन में खिलती ये निस्मत सुहानी,
गिरता सँभलता, गिरता सँभलता, गिरता सँभलता
(बेपरवाह, बेपरवाह)

पलकों पे बसे तेरे ख्वाब, दिल में अँजोरी सी
हँसते-हँसते टिक जाये राहों में कोई मोड़ लोही सी।
तेरी धड़कन को छू जाने दो, ये प्यार बना कहानी,
गिरता सँभलता, गिरता सँभलता, गिरता सँभलता
(बेपरवाह, बेपरवाह)

रंगों में भीगी यादें, तेरे ही गीत की मेहक
होंठों पर तेरे गीत का मीठा-सा नशा लहराए हर खोज।
हर गिरन पर संभल जाए, यही तो जादू की निशानी,
गिरता सँभलता, गिरता सँभलता, गिरता सँभलता
(बेपरवाह, बेपरवाह)

COLD COFFEE



-Khushan Pant

(11 AM) A little cloudy day, like one of those days when the black clouds smear all over the sky, making it look all scary, and the THUNDER!! But yet we agree that they don't pour down at all... As it is said, it's okay to be afraid, but if you're scared, you're doomed. Beth is a student with an unstable financial background. She's a coffee fiend, black coffee to be specific. Things are not easy for her—from her college to her part-time job and her home conditions.

(11:23 AM) Another cup of coffee! A lot of work to do. I have to work off my bills and send some money to my parents. I have to work through so many things today—file submissions, clean the dishes, and an hour later, it's time for my part-time job. I can't afford to be late when you're only paid \$15 a week... Ughhhfff...

Two hours later... Okay, I'm done with the part-time job... GOD... How long do I have to keep filling these sheets for the companies? Well, now I just want to fill my day with coffee. I want to feel free and know what it's like to relax. It's been two years since I've been doing the same thing every single day. What I'm feeling now is frustration, maybe more than that.

(*Alarm (1:50 PM)* goes off...) Oh no... not again! I forgot to post the letters to Papa... I'm not able to keep my family on their feet, and now I've become the least responsible person. Except for that one time when he said (the words of her father echo in her strained mind): "I'm here for you when you're in trouble, other than that, I'm dead for you." Beth scoffs. (Takes a sip of her black coffee.) (Sighs, deep breath in) She finishes the mug and leaves to post the letters and buy some groceries.

(2.5 hours later... long lines at the cash counters) She comes back home with wet pockets—she slipped on the way back to her flat.

At 4:20 PM, she arrives back home with a granola bar and four packs of coffee... Yeah, that's what she calls groceries. Now, let's dry up the money... it's all wet. She gets a call from her landlord, informing her that she'll come tomorrow morning to collect the rent money. Now, she has to dry up the damp rent money ASAP. (But let's take a sip of that coffee... Ummhmm...) I think this is what love feels like.

Now, she has to finish her file as well. She gets down to work, and an hour later, only 16 pages are left. She looks at the clock—it's nearly 5:30 PM, and she still hasn't heard back from home. Her day couldn't be more problematic, and there's a water leak that soon turns into a mesmerizing fountain. But with no money to call a plumber, two hours later, the place is still not totally tidy. She is damp and shivering, and one more problem may break her spirit. ACHOO! (Scoffs... sneezes again {x2})

11:45 PM—she's still trying her best, oh, not to complete her assignment but to not give up... The phone rings... (MOM) Finally, she can have some time off and talk about all the problems and insecurities. Beth... Mom... (Beth is about to cry...) She hears a voice back... "Mom's not here... YEAH! She's gone now. We're getting a divorce. I can't take it. Come home for the alimony signings. Don't disappoint me this time... Huhhh Bethany..." The call hangs up. What is happening? Why is everything falling apart? Bethany takes up her phone, sobbing, and types back to her mother with hopeful words, trying to make her feel that everything will be fine.

One hour later (message not seen yet), she has one more page left to get off the load of files. Beth stretches, checks the time, and heads toward the kitchen to feel a little love...

(She comes back...) with the Super Hot Black Love of hers... her phone (!whoop-doop!) While entering the room, she hopes to hear back from her mother. Finally, she puts her glasses back on and gently caresses her cheeks, tracing down her freckles. She throws her phone at the door with utmost anger and disappointment, and looks around... Then she throws her glasses at the door as well.

The next morning, the landlady arrives to collect the rent money from Beth. She knocks for the fifth time but hears nothing from behind the door. She calls her husband to get rid of the door. They crash into the apartment, agonized to her last nerve. They see the tormented apartment—Beth's books, utensils on the floor, and ripped curtains. The landlady's foot strikes something. It's Beth's phone. She switches it on—three unread messages on her phone.

{12:50 AM - Max (PT Boss): “You’re fired. From now on, find somewhere else to run your errands. Don’t come in for the job anymore. Your account has been suspended as well.”

12:55 AM - MOM: “You are my only hope, sweetie... Everything depends on you.”

1:30 AM - MOM: “Don’t worry anymore, my love. Your dad and I have settled everything. The divorce is off, so relax. Don’t overdo it. Papa and Mama love you, Beth. And don’t skip any meals. LOVE YOU.”

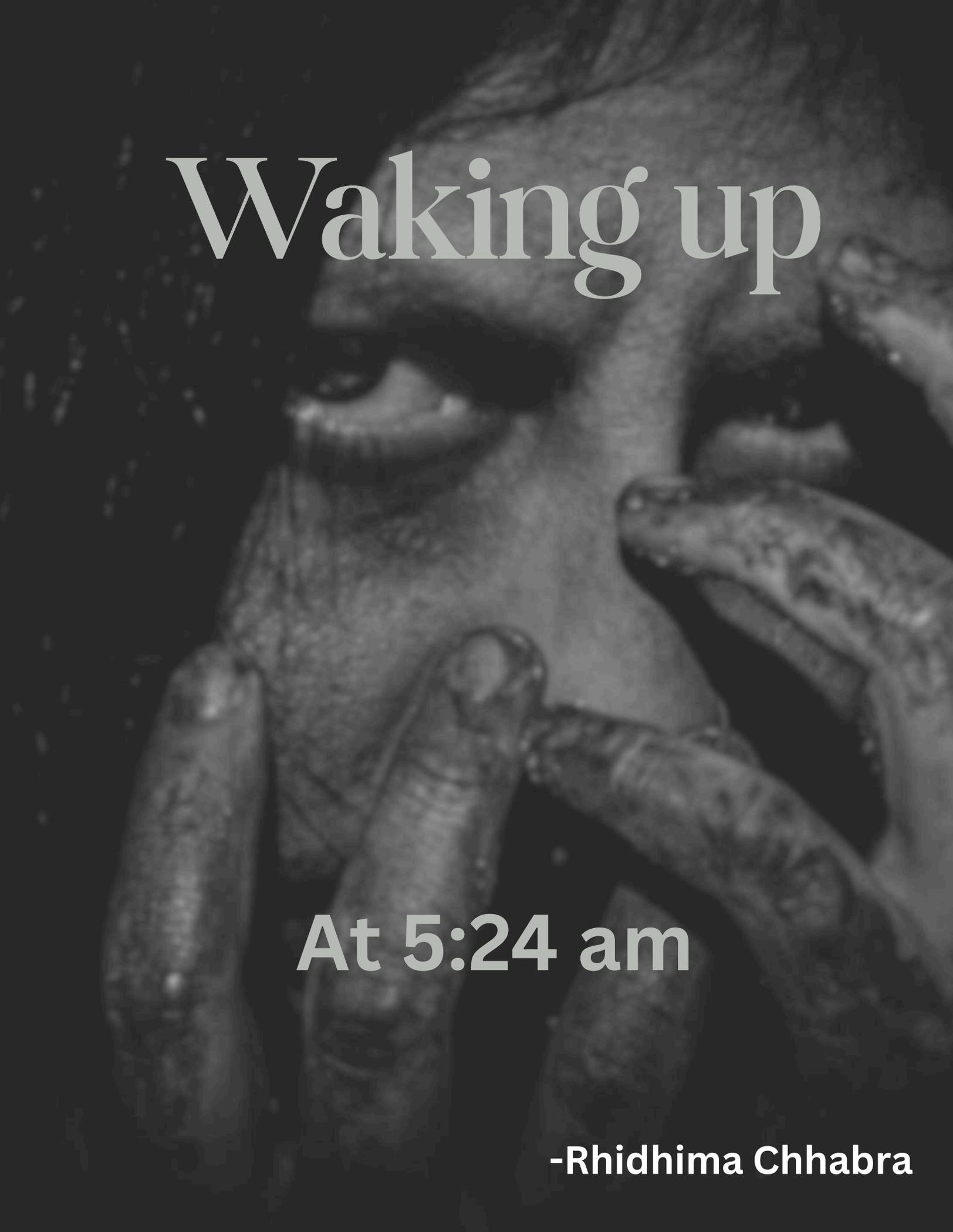
}

As the landlady enters Beth’s room, all she sees is a reflection in Beth’s mug of Super Hot Black Love by the workbench near her shattered glasses. It was a lifeless figure hanging from the fan.

There was still one more question left to answer. A few more sips of her love. She didn’t even know what love was. But for her, if something calmed her down in the hard times, then that was love for Beth.

Sometimes, the things we rely on to get through life—the small comforts—are the very things that help us stay afloat when everything else seems to fall apart. But it’s important to remember that while temporary comforts like a cup of coffee may soothe us, they can’t solve our problems. We must seek real support, even in the darkest moments.

Her Super Hot Black Love was now just an ordinary Cold Coffee.



Waking up

At 5:24 am

-Rhidhima Chhabra

I woke up at 5:24 am again. My chest was tight, my skin damp with sweat. The room was quiet, but something felt wrong—terribly wrong. For the past four nights, I had woken up at the exact same time. I would sit in bed, trying to shake off the uneasiness before eventually falling back asleep. But tonight felt different. I am Maya, a second-year Bachelor of Design student. Lately, everything around me has felt... off. I can't explain it, but it's like a shift in the air, a weight pressing down on me. And then there are the dreams.

I usually don't remember them, but this one was burned into my mind. It started in my hostel room—except the walls were taller, darker, like they were closing in on me. The air felt thick, suffocating. My bed looked the same, but I knew this wasn't real. Then, I saw her. My friend—the one who had been struggling with panic attacks and depression. She was sitting on the floor, her arms wrapped around herself, rocking back and forth. Her eyes, wide with fear, locked onto mine. "It's because of you," she whispered.

Her voice sent a shiver down my spine. Flashes of memory surged through my mind—her telling me that my roommates and I made her anxiety worse, her begging us to stay away because she felt trapped whenever we were around. How we eventually stopped checking in on her, thinking she was just being dramatic. But in this nightmare, I saw something else. Behind her, the shadows moved. They twisted and stretched, taking shape.

A tall, faceless figure stood over her, its long fingers just inches from her trembling shoulders. But it wasn't looking at her. It was looking at me. "You ignored it." The voice wasn't hers. It wasn't mine. It was everywhere, surrounding me, pressing into my skull. The lights flickered. My heartbeat pounded in my ears. I wanted to run, to scream, but my body wouldn't move.

Then my phone buzzed. With effort, I looked down. A message flashed on the screen: "You can't ignore it anymore. It's coming for you next." I gasped as the walls cracked around me, splitting open like jagged wounds. A cold wind howled through the room, carrying whispers I couldn't understand. My friend screamed, but before I could reach her— I woke up. 5:24 AM. Again.

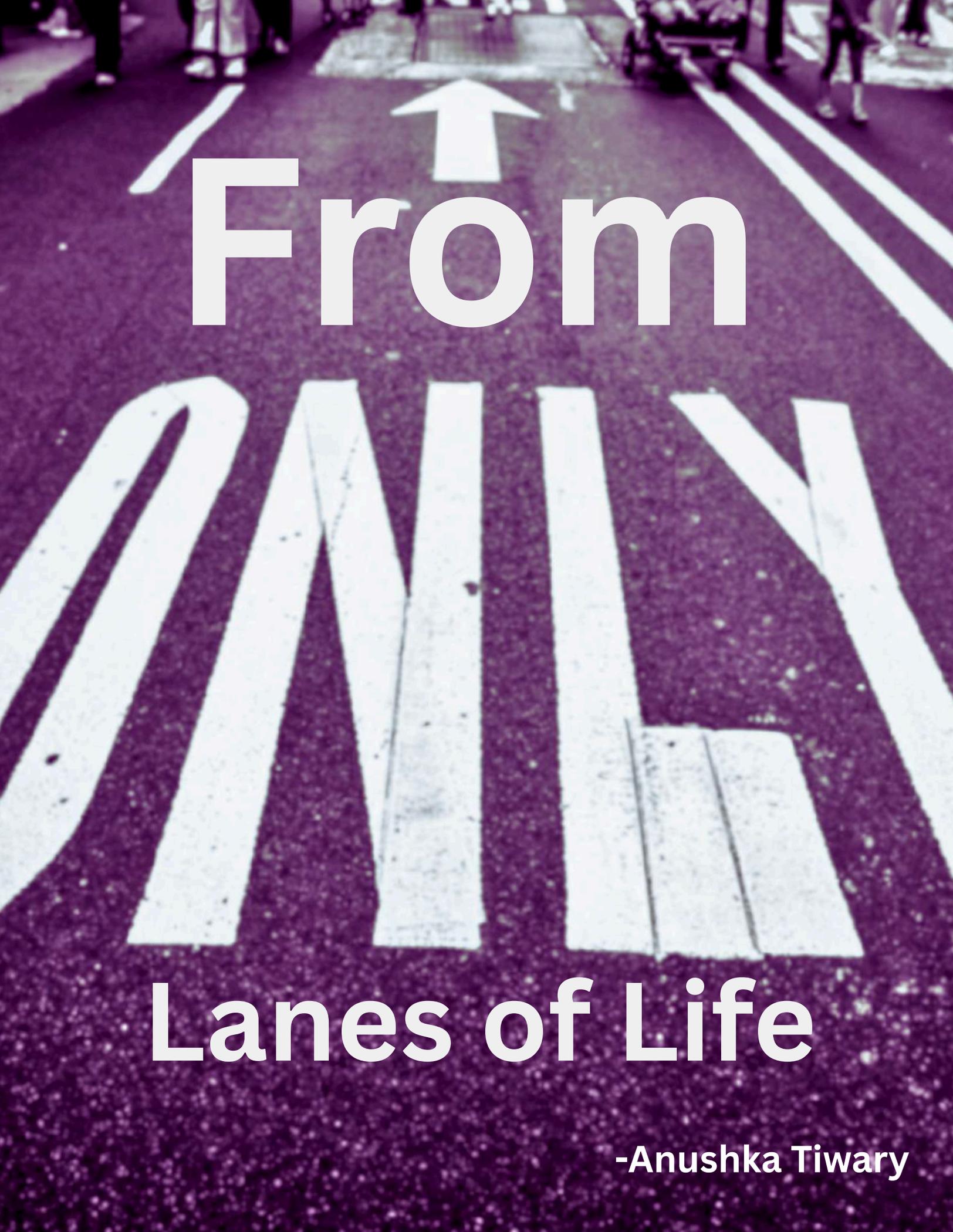
I sat up, my hands shaking. The dream clung to me like a second skin, lingering in the shadows of my mind. It had felt so real. Too real. Then, a knock on the door made me jump. Slow.

Deliberate. My phone buzzed again. "Don't open it." I turned to my roommates, my breath caught in my throat. They were awake too. Their faces were pale, their phones in their hands. They had received the same message. The knocking grew louder. More urgent. Then, without any of us touching it— The door creaked open. We held our breath.

The hallway was empty. The dim light flickered for a second before steadying, casting long shadows on the floor. Everything looked normal, but we all felt it—something wasn't right. I hesitated, then stepped forward. Just outside the door, a small, crumpled piece of paper lay on the floor. I bent down, my hands trembling, and picked it up.

Four words were scrawled in messy handwriting: "You should have listened." A lump formed in my throat. My mind flashed back to my friend. Had I really ignored something important? Had I let my doubts, my assumptions, keep me from seeing what she needed? I turned to my roommates. They looked just as shaken. None of us knew what to say.

Finally, someone quietly shut the door. This time, we locked it. No one slept after that. We stayed up, eyes darting to the door at every little sound. But as the hours passed, and sunlight finally streamed through the window, the fear faded just a little. Maybe it was just a dream. Maybe it was all in my head. Or maybe... it wasn't.



From

Lanes of Life

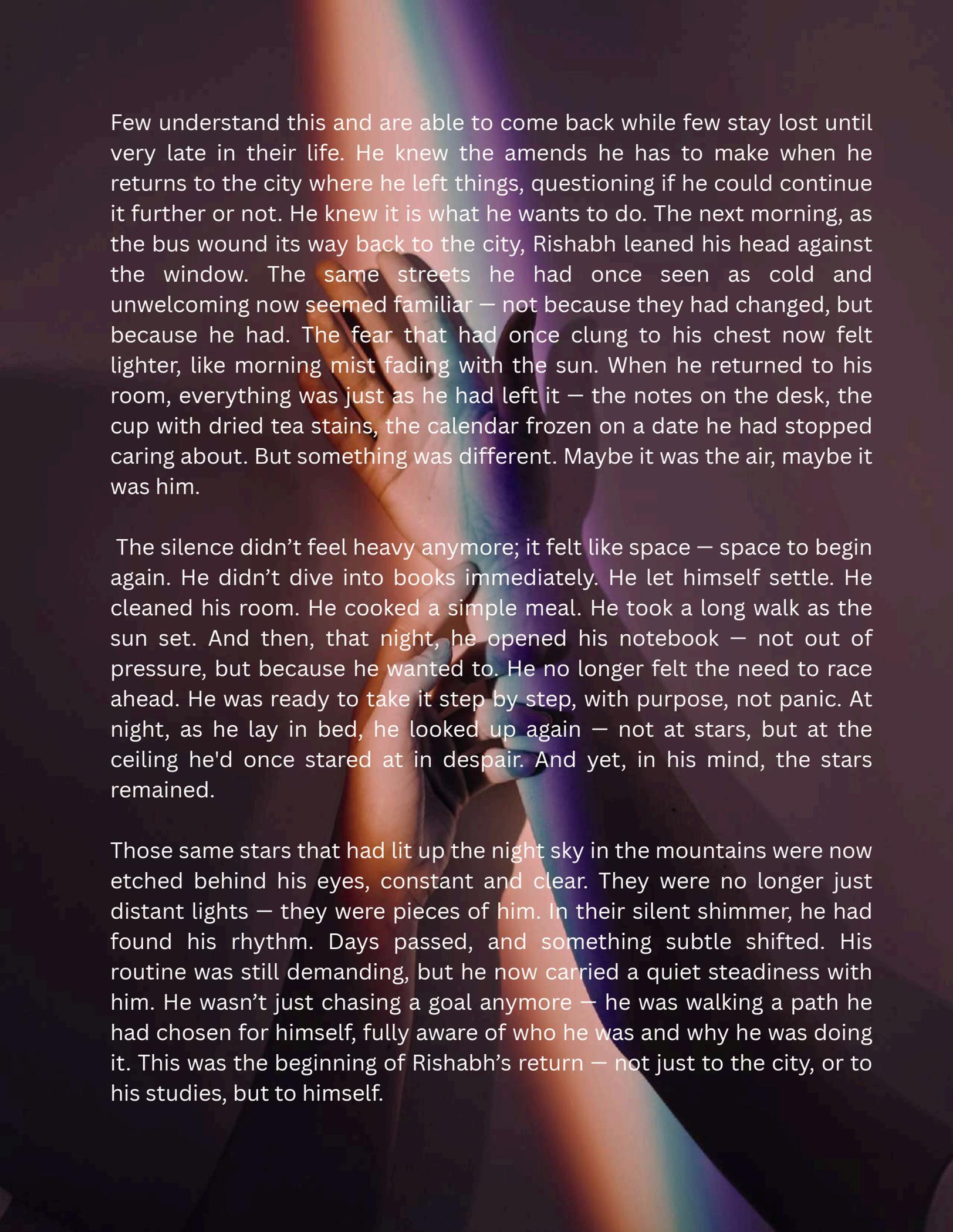
-Anushka Tiwary

Losing yourself in a place where you have come to find yourself is something every human dreads, but sometimes maybe it is important to lose oneself in order to find yourself. To let go of a few habits and make a few new ones, we discover the art of living not surviving. Rishabh was also in a place full of hopes and aspirations, feeling lost and jilted by his dreams. He would often slip in trance unaware of his life and surroundings. He felt a sense of betrayal towards his family and himself because after all he had come here to fulfil his dreams of becoming a civil servant.

Everything seemed sparkling and golden when he saw it from his hometown but now when he was here and he saw the students; he understood it is not easy, surely not as easy as he imagined it from his bedroom window back home. This feeling of stress and pressure led him to understand how difficult it is. In the process of understanding the subjects he forgot to keep a check on himself. He started forgetting himself and now he felt a void in him. This void led him losing focus on his dreams. As the day dusked out he would stare at the ceiling alone and empty. This night was no different.

Rishabh was on bed as a lone tear slipped out of his eyes, getting soaked up by his pillow. It was after months that he was crying. Soon the lone tear turned into sobbing, his breath hitched as he let all, that he was feeling, out. He finally wiped his eyes and understood, it was time for him to change a lot as he could not dream of letting go of this ambition. He picked out a rucksack and packed a few clothes in it, searched for a ticket to the mountains and set out on his vacation. The bus seat had a comfort that his bed lacked. The window held the coolest of the wind something that was always humid from his. He finally reached around the Karakoram ranges. His geography lessons coming to life. The fresh mountain air hit his face making him feel alive once again.

A deep sense of relief washed over him. His eyes, still swollen from the crying, took in the breath taking view in front of him. His cheeks turned a little red, owing to the cold air that hit his face. Every whiff of air made him realise the cardinal truth of life- living. He travelled distances on foot, till it was almost night. He thought of camping his night there. Once he laid on the make-shift bed his eyes could not believe what he saw. The sky was filled with stars, bright, brighter and even brighter. Every inch was filled with sparkles, his eyes were relaxed at the thought of being with them, out, open and transparent. The stars shone as they lit up his insides. They made him realise everything has a meaning, him preparing for CSE, him coming to this place under the blanket of stars. He understood the way of nature. She makes everyone lose themselves at least once in their life when they start forgetting themselves and their worth.



Few understand this and are able to come back while few stay lost until very late in their life. He knew the amends he has to make when he returns to the city where he left things, questioning if he could continue it further or not. He knew it is what he wants to do. The next morning, as the bus wound its way back to the city, Rishabh leaned his head against the window. The same streets he had once seen as cold and unwelcoming now seemed familiar — not because they had changed, but because he had. The fear that had once clung to his chest now felt lighter, like morning mist fading with the sun. When he returned to his room, everything was just as he had left it — the notes on the desk, the cup with dried tea stains, the calendar frozen on a date he had stopped caring about. But something was different. Maybe it was the air, maybe it was him.

The silence didn't feel heavy anymore; it felt like space — space to begin again. He didn't dive into books immediately. He let himself settle. He cleaned his room. He cooked a simple meal. He took a long walk as the sun set. And then, that night, he opened his notebook — not out of pressure, but because he wanted to. He no longer felt the need to race ahead. He was ready to take it step by step, with purpose, not panic. At night, as he lay in bed, he looked up again — not at stars, but at the ceiling he'd once stared at in despair. And yet, in his mind, the stars remained.

Those same stars that had lit up the night sky in the mountains were now etched behind his eyes, constant and clear. They were no longer just distant lights — they were pieces of him. In their silent shimmer, he had found his rhythm. Days passed, and something subtle shifted. His routine was still demanding, but he now carried a quiet steadiness with him. He wasn't just chasing a goal anymore — he was walking a path he had chosen for himself, fully aware of who he was and why he was doing it. This was the beginning of Rishabh's return — not just to the city, or to his studies, but to himself.



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