PERSONALITY DEVELOPMENT PROGRAM

Course Objective:

The objective of the training program is bring about personality development with regard to the different behavioral dimensions that have far reaching significance in the direction of organizational effectiveness

Prerequisite:

The training module is aimed at the promotion of the strategies for the personality development of the participants. The rationale behind this endeavor is the recognition of the multifaceted influence of the personality of the employees upon organizational effectiveness. Person having Active mindset which can involve himself in the problem solving process.

Overview of Training:

The personality development course polishes & improves your presentation & communication skills. The course will help you groom your personality & deal with people effectively. During the course, you will also receive focused guidance on persona management, grooming, health & nutrition, and soft skills.

Benefits of PDP:

Your personality is the first thing that is noticed in a job interview, in any company, any field. Having a good personality is essential to get ahead in today's world. Aptech's Personality Development course will polish your presentation and communication skills and prepare you to have a successful career in any field of your choice.

What am I going to get from this Excel course?

Lecture-cum-discussion Group Discussion Management Games Case Studies

Intended Audience:

All the students across all the program.

Course Outline:

I. Introduction to Personality Development
    a. What is personality?
    b. Why does it matter?
    c. We are all unique.

II. The Developing Personality
    a. How do personalities develop?
    b. Multiple theories in psychology.
    c. Three main influences cited:
        i. Heredity
        ii. Environment
        iii. Situations

III. Stages of Development
    a. Freudian stages of development
    b. Erik Erickson's stages of development

IV. 'Need' a little personality?
    a. How needs impact personality
    b. Maslow's hierarchy of needs

V. Basic Personality Traits
    a. Values
    b. Beliefs
    c. Interactions
    d. Experiences
    e. Environmental influences
    f. The big five dimensions

VI. Moral Development
    a. As related to personality
    b. Kohlberg's stages

VII. What's your personality type?
    a. What are the basic personality types?