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Ref: 2018-19/SW/VTI/02/25

Date: 11 August, 2018.

Stress Management, Fear to freedom and Conflict resolution

VAT: 25

Stress management is a wide spectrum of techniques and psychotherapies aimed at controlling a person's level of stress, especially chronic stress, usually for the purpose of and for the motive of improving everyday functioning. Stress produces numerous physical and mental symptoms which vary according to each individual's situational factors. These can include physical health decline as well as depression.

Details:

- Branch : BTech (3rd year) , MCA (2nd year)
- Date: 16th August, 2018 to 30th August, 2018.
- Duration : 30 hours

Dr. Rakesh Mohan
Dean-Student Welfare
Dean Student Welfare
DIT University, Dehradun

To:

All Deans / Directors / Heads of Department

Chairman

Chancellor

Vice Chancellor

Pro Vice Chancellor

Manager Admin -

HR Department

For information Please



Established by 'DIT UNIVERSITY ACT, 2012' [UTTARAKHAND ACT NO. 10 OF 2013]

1000005579	1501071045	BTPE	4th Year	MOHD TABISH ANSARI
1000005550	1501071003	BTPE	4th Year	MURTAZA AHMED S KHAN
1000005586	1501071054	BTPE	4th Year	NAJMUL HODA
1000005554	1501071012	BTPE	4th Year	NIHAD .
1000005560	1501071022	BTPE	4th Year	NISHANT KUMAR
1000005631	1501071110	BTPE	4th Year	PANKAJ SUNDRIYAL
1000003855	1401071052	BTPE	4th Year	PARMANAND MOTIRAMANI
1000005573	1501071039	BTPE	4th Year	PRAKHAR BHAN
1000005621	1501071098	BTPE	4th Year	PUSHPENDRA PATHAK

Value Added Course

Stress Management, Fear to Freedom and Conflict Resolution (VAT 25)

Duration of course : 16th August - 30th August 2019

List of Enrolled Students as per SAP ERP

1000011135	180823001	BARCH	1st Year	AISHWARYA VERMA
1000011145	180823041	BARCH	1st Year	AKASH DHANRAJ CHITRIV
1000011159	180823009	BARCH	1st Year	AMAN KUMAR LOHIYA
1000011150	180823003	BARCH	1st Year	ANANYA DHAWAN
1000011538	180823016	BARCH	1st Year	ANMOL SHARMA
1000011739	180823042	BARCH	1st Year	ANNAPURNA SHARMA
1000011141	180823007	BARCH	1st Year	ANUSHA NAITHANI
1000011033	180823037	BARCH	1st Year	APURVA SRIVASTAVA
1000011697	180823031	BARCH	1st Year	ARJUN RATHEE
1000011190	180823040	BARCH	1st Year	ARYAN THAKUR
1000011177	180823020	BARCH	1st Year	AYUSH RAWAT
1000011195	180823017	BARCH	1st Year	BOPETO KHETOI SHOHE
1000011633	180823024	BARCH	1st Year	DEEKSHA GOSWAMI
1000011398	180823021	BARCH	1st Year	DELIN SARA SUNNY
1000011200	180823013	BARCH	1st Year	DEVANSH THAPLIYAL
1000011151	180823004	BARCH	1st Year	DHRUV KUMAR PAL
1000011429	180823035	BARCH	1st Year	DIVYANSH GUPTA
1000011149	180823030	BARCH	1st Year	EKTA GARG
1000011156	180823027	BARCH	1st Year	GAURANG KAKKAR
1000011152	180823026	BARCH	1st Year	GEETIKA SAHU
1000011117	180823032	BARCH	1st Year	HARSH VARDHAN GUPTA
1000011186	180823039	BARCH	1st Year	HARSHA SINGH
1000011144	180823006	BARCH	1st Year	ICHA KAUR
1000011143	180823008	BARCH	1st Year	ISHTI .
1000011119	180823028	BARCH	1st Year	ISRA AHMAD
1000011478	180823025	BARCH	1st Year	JOHNSON GURIA
1000011154	180823012	BARCH	1st Year	JYOTSNA NARULA
1000011197	180823011	BARCH	1st Year	KAJAL VERMA
1000011130	180823002	BARCH	1st Year	KESHAV KHANDELWAL
1000011187	180823015	BARCH	1st Year	LAVANYA RAJPUT
1000011121	180823043	BARCH	1st Year	MOHAMMAD ASAD RAIS
1000011147	180823010	BARCH	1st Year	NAKUL AHLUWALIA
1000011335	180823034	BARCH	1st Year	NIKHIL SINGLA
1000011271	180823038	BARCH	1st Year	RIDDHI JAIN
1000011139	180823005	BARCH	1st Year	RIYA VERMA
1000011146	180823014	BARCH	1st Year	SAURABH KUMAR

1000011696	180823036	BARCH	1st Year	SAURAV .
1000011134	180823022	BARCH	1st Year	SHALINI SINGH
1000011158	180823018	BARCH	1st Year	SHOBHIT AGARWAL
1000011157	180823023	BARCH	1st Year	SUSHANT SAINI
1000011257	180823019	BARCH	1st Year	TANISHQ GUSAIN
1000011387	180823029	BARCH	1st Year	VANSHIKA TANDON
1000011244	180823033	BARCH	1st Year	VRINDA AGGARWAL
1000011839	180101047	BTCE	1st Year	ABHISHEK KUMAR
1000011915	180101051	BTCE	1st Year	ADITYA .
1000010942	180101035	BTCE	1st Year	AKSHAT BISHT
1000011078	180101002	BTCE	1st Year	AKSHAY BHATIA
1000010911	180101015	BTCE	1st Year	ALI ABID
1000011314	180101014	BTCE	1st Year	AMIT SINGH RAWAT
1000011021	180101023	BTCE	1st Year	ANIRUDDHA REANG
1000011704	180101026	BTCE	1st Year	ANUJ KOTWAL
1000010868	180101004	BTCE	1st Year	ANURAG KUMAR
1000011703	180101029	BTCE	1st Year	ARJUN DEV SINGH
1000010929	180101019	BTCE	1st Year	ARPAN AGRAWAL
1000010898	180101006	BTCE	1st Year	ASHUTOSH NAUTIYAL
1000011204	180101024	BTCE	1st Year	ASMIT KUMAR SINGH
1000010184	180101007	BTCE	1st Year	ATUL LOHANI
1000010952	180101013	BTCE	1st Year	AYUSH GAURAV
1000011691	180101040	BTCE	1st Year	DHEERAJ SINGH
1000011730	180101037	BTCE	1st Year	DIVYANSHU RAWAT

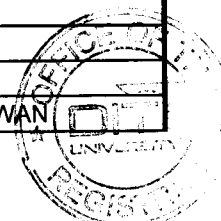
Value Added Course

Stress Management, Fear to Freedom and Conflict Resolution (VAT 25)

Duration of course : 16th August - 30th August 2019

List of Enrolled Students as per SAP ERP

1000011555	180101018	BTCE	1st Year	HEMANT CHAURASIA
1000011726	180101042	BTCE	1st Year	HIMANSHU RAI
1000011778	180101043	BTCE	1st Year	HIMANSHU SINGH
1000010644	180101008	BTCE	1st Year	JAIKRIT SHARMA
1000010904	180101010	BTCE	1st Year	LAKSHAY DAYAL
1000011009	180101016	BTCE	1st Year	LAKSHAY SHARMA
1000011573	180101025	BTCE	1st Year	LOKESH DHARMSAKTU
1000010957	180101036	BTCE	1st Year	MANAV RENU
1000010933	180101045	BTCE	1st Year	MANISH KUMAR
1000011463	180101001	BTCE	1st Year	MAYANK DHIMAN
1000010663	180101028	BTCE	1st Year	MEGHA KUKRETI
1000010999	180101038	BTCE	1st Year	MITESH GADHIYA
1000011326	180101027	BTCE	1st Year	MRIDUL JAIN
1000011880	180101049	BTCE	1st Year	MUDIT VERMA
1000010897	180101011	BTCE	1st Year	MUKESH NEGI
1000008900	170101039	BTCE	1st Year	NEELANSH KUMAR
1000011787	180101041	BTCE	1st Year	NEETLAKSH MANOHAR ARUN
1000010937	180101017	BTCE	1st Year	NITIN BHATT
1000011396	180101032	BTCE	1st Year	PAWAN TIWARI
1000010564	180101030	BTCE	1st Year	PRINCE SAINI
1000010677	180101012	BTCE	1st Year	RAMANDEEP PHARSWAN



1000011686	180101009	BTCE	1st Year	RIYA MITTAL
1000011852	180101046	BTCE	1st Year	ROHIT S BISHT
1000011561	180101003	BTCE	1st Year	SHOBHIT FULARA
1000010730	180101033	BTCE	1st Year	SHOEB MALIK
1000011289	180101044	BTCE	1st Year	SIDDHANT KATHAYAT
1000010765	180101021	BTCE	1st Year	SIDDHARTH SRIVASTAVA
1000010814	180101022	BTCE	1st Year	SPARSH PARMAR
1000010397	180101020	BTCE	1st Year	SURUCHI CHAUHAN
1000010979	180101031	BTCE	1st Year	SURYA PRATAP
1000011727	180101039	BTCE	1st Year	VEDANT VERMA
1000011897	180101050	BTCE	1st Year	VIJAYANT SRI MAHIKA
1000011865	180101048	BTCE	1st Year	VIKASH DEVLAL
1000010944	180101034	BTCE	1st Year	VIKUL RANA
1000011305	180101005	BTCE	1st Year	YASH AGARWAL
1000010762	180102016	BTCSE	1st Year	AAKASH KUMAR TOMAR
1000011643	180102210	BTCSE	1st Year	AAKRITI AGARWAL
1000010662	180102188	BTCSE	1st Year	AAKRITI MITTAL
1000010606	180102071	BTCSE	1st Year	AANCHAL BISHT
1000010567	180102213	BTCSE	1st Year	AASHISH SAXENA
1000010641	180102226	BTCSE	1st Year	AAYUSH GUPTA
1000010852	180102059	BTCSE	1st Year	ABHINAV BALIYAN
1000010761	180102133	BTCSE	1st Year	ABHINAV NEGI
1000011842	180102268	BTCSE	1st Year	ABHISHEK CHAUHAN
1000010920	180102005	BTCSE	1st Year	ABHISHEK SUNDRIYAL
1000011284	180102051	BTCSE	1st Year	ABHISHEK VERMA
1000010778	180102237	BTCSE	1st Year	ABHISHEK YADAV
1000011324	180102238	BTCSE	1st Year	ACHAL KHUNTETA
1000011599	180102105	BTCSE	1st Year	ADARSH GUPTA
1000010745	180102068	BTCSE	1st Year	ADARSH MANWAL
1000011345	180102192	BTCSE	1st Year	ADITYA KUMAR
1000011196	180102114	BTCSE	1st Year	ADITYA MISHRA
1000011651	180102251	BTCSE	1st Year	ADITYA VERMA
1000011168	180102055	BTCSE	1st Year	AKASH UPADHYAY
1000011096	180102096	BTCSE	1st Year	AKASH YADAV
1000010516	180102070	BTCSE	1st Year	AKKSHAT PANDIT
1000010678	180102085	BTCSE	1st Year	AKSHAT DUTT
1000010793	180102141	BTCSE	1st Year	AKSHAT KUMAR
1000010910	180102123	BTCSE	1st Year	AKSHAY DIXIT
1000011029	180102178	BTCSE	1st Year	AKSHAY KUMAR MISHRA

Value Added Course

Time Management & Prioitization (VAT 26)

Duration of course : 22nd July - 30th July 2018

List of Enrolled Students as per SAP ERP

Sl. No.	Sl. No.	Course	Year	Name
1000009049	170102013	BTCSE	2nd Year	ADITYA SINGH CHANDEL
1000009568	170102055	BTCSE	2nd Year	AGRIMA RAWAT
1000008420	170102263	BTCSE	2nd Year	AISHWARYA MISHRA
1000009702	170102322	BTCSE	2nd Year	AJAY SAINI
1000008826	170102318	BTCSE	2nd Year	AJITABH ANAND
1000008535	170102058	BTCSE	2nd Year	AKANKSHA AWASTHI

